



1 UNIT

Single shot of spirits
(25ml, ABV 40%)



1.5 UNITS

Alcopop
(275ml, ABV 5.5%)



1.5 UNITS

Small glass of red / white /
rosé / sparkling wine
(125ml, ABV 12%)



2 UNITS

Can of beer, ale,
lager or cider
(440ml, ABV 5.5%)



2.1 UNITS

Standard glass of
red / white / rosé / wine
(175ml, ABV 12%)



3 UNITS

Pint of beer, ale,
lager or cider
(568ml, ABV 5.2%)



3 UNITS

Large glass of
red / white / rosé / wine
(250ml, ABV 12%)



9 UNITS

Bottle of red / white /
rosé / sparkling wine
(750ml, ABV 12%)

Guide To Alcohol Units

Hussin A.Rothana



Guide To Alcohol Units:

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