

## Lecture 1&2

### Chapter 52

**Peritonitis**= Inflammation of the peritoneum tender, rigid, board-like abdomen (pts often assume side-lying fetal positions for pain relief). We know this can be **LIFE-THREATENING**- can lead to sepsis and shock.

**Appendicitis**- located in RLQ. Left untreated FOR 24-36 HOURS, gangrene and sepsis can occur. This is **LIFE-THREATENING**. S/S RLQ abdominal pain, nausea, vomiting, moderate WBC elevation, rebound tenderness fever greater than 101, rise in pulse rate, ultrasound may show enlarged appendix. Pts are kept NPO until appendectomy is performed.

**Gastroenteritis (norovirus)**- N/V/D, risk for dehydration Educate Good hand washing, sanitizing surfaces and proper food/beverage preparation prevents, we want our patients to drink lots of fluids to flush the system out and rehydrate.

**Ulcerative colitis**- (high fall risk) know differences between ulcerative colitis and Crohn's.

\*\*\*One of the key features of this is the excessive frequency of stools and presence of blood in the stool, this is also something that Pts report as disruptive to their lives. \*\*\* In pts with severe symptoms cardiac assessment should take priority (rate, rhythm) due to electrolyte imbalance & R/F dysrhythmias. \*\*\*Labs for chronic blood loss from multiple bleeding ulcers= low HCT/HGB (anemia), Inflammation or infection= increased WBC, c-reactive protein, ESR, Elevated BUN shows dehydration. \*\*\* First time therapy is sulfasalazine- which is in the sulfonamide family of antibiotics. Encourage pt to take folic acid with this drug. \*\*\* Humira (adalimumab)(ADA) approved as a last resort drug when pts have failed other therapies. Suppress immune system, avoid sick people. \*\*\* Restorative proctocolectomy with ileo pouch-and anal anastomosis is (RPC-IPAA) procedure has become the gold standard for clients with UC. It's a two step procedure that includes the \*\*\*removal of the colon and most of the rectum for rectal mucosa), the anus and anal sphincter remain intact a reservoir is created using a proportion of the clients ileum. \*\*\* Lets pt know if they have this procedure they are going to have frequent stools and urgency but the bowel is healing and bowel continence will be better and much better than before.

**Crohn's Disease**- Chronic inflammatory disease of the small intestine, colon, or both. Most commonly affects the terminal ileum. To identify on an x-ray you will see skipped lesions (normal areas). S/S unintentional weight loss, fever, abdominal pain, anemia. During auscultation bowel sounds may be decreased or absent with severe inflammation or obstruction. \*\*\*Pt will have an increase in high-pitched or rushing sounds may be present over areas of narrowed bowel loops. Nonsurgical management- azathioprine and mercaptopurine (these drugs suppress the immune system and can lead to serious infections), methotrexate (may also be given to suppress immune activity of the disease, BRM's, adalimumab (know -mab drugs) \*\*\*Management includes nutrition and electrolyte therapy because they can drain large amounts this compromises fluids/absorption, close monitoring electrolytes especially potassium, skin care- leaked fluid can compromise the surrounding tissue so apply skin protection and assess for new skin breakdown.

**Diverticular Disease**- are pouch like herniations of the mucosa through the muscular wall of any part of the gut but most commonly the colon. S/S may have no symptoms, abdominal pain, fever,

# Ics 3study Guide

**Ciprian Adrian Rusen**



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