

ENDOCRINE system

works in concert with the nervous system to maintain homeostasis by releasing hormones into the bloodstream. These hormones travel to parts of the body to produce a specific effect (e.g. target cells/organs)

Glands

Endocrine glands - release glands that release hormones directly into the blood
Exocrine glands - release substances outside the body
e.g. sweat glands, salivary glands, sebaceous glands

hormone ACTION • TARGET cells



each target cell contains specific receptors. Only those hormones that fit the receptor lock in the lock model can activate a response to a chemical message sent by hormones

STERIOD • WATER SOLUBLE hormones



steroid

WATER soluble

lipid soluble & require transport proteins in the blood stream. They can pass through the cell membrane of target cells.

not lipid soluble - need transport proteins in the blood stream. They can't pass through the cell membrane of target cells. They bind to specific proteins on the outside of the cell membrane to activate a response.

process

- 1. hormone diffuses into the target cell
- 2. hormone binds to receptor in nucleus
- 3. hormone-receptor complex moves into cytoplasm & binds to specific DNA
- 4. protein synthesis
- 5. hormone binds to a receptor on the outside of the cell
- 6. signal transduction pathway
- 7. same can work on enzyme cascade
- 8. produces specific protein & enzyme

REGULATION

hormone levels controlled by feedback loops. High levels of hormone inhibit the release of more hormone. Negative feedback loops are common in the endocrine system.



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