

# 2008.75MY FOCUS C307

## Workshop Manual

### Table of Contents

#### GROUP 1 General Information

<b>Service Information</b>	
General Information	100-00
Identification Codes	100-01
Jacking and Lifting	100-02
Noise, Vibration and Harshness	100-04

#### GROUP 2 Chassis

<b>Suspension</b>	
Suspension System - General Information	204-00
Front Suspension	204-01
Rear Suspension	204-02
Wheels and Tires	204-04
<b>Driveline</b>	
Front Drive Halfshafts	205-04
<b>Brake System</b>	
Brake System - General Information	206-00
Front Disc Brake	206-03
Rear Disc Brake	206-04
Parking Brake and Actuation	206-05
Hydraulic Brake Actuation	206-06
Power Brake Actuation	206-07
Anti-Lock Control	206-09A
Anti-Lock Control - Stability Assist	206-09B
<b>Steering System</b>	
Steering System - General Information	211-00
Power Steering	211-02
Steering Linkage	211-03
Steering Column	211-04
Steering Column Switches	211-05

#### GROUP 3 Powertrain

<b>Engine</b>	
Engine System - General Information	303-00
Engine - 2.5L Duratec-ST (VI5)	303-01
Engine Cooling - 2.5L Duratec-ST (VI5)	303-03
Fuel Charging and Controls - 2.5L Duratec-ST (VI5)	303-04A
Fuel Charging and Controls - Turbocharger - 2.5L Duratec-ST (VI5)	303-04B
Accessory Drive - 2.5L Duratec-ST (VI5)	303-05
Starting System - 2.5L Duratec-ST (VI5)	303-06
Engine Ignition - 2.5L Duratec-ST (VI5)	303-07
Engine Emission Control - 2.5L Duratec-ST (VI5)	303-08
Intake Air Distribution and Filtering - 2.5L Duratec-ST (VI5)	303-12
Evaporative Emissions	303-13
Electronic Engine Controls - 2.5L Duratec-ST (VI5)	303-14
<b>Manual Transmission/Transaxle, Clutch and Transfer Case</b>	
Manual Transmission/Transaxle and Clutch - General Information	308-00
Clutch - Vehicles With: 6-Speed Manual Transmission (M66)	308-01
Clutch Controls - Vehicles With: 6-Speed Manual Transmission (M66)	308-02
Manual Transmission/Transaxle - Vehicles With: 6-Speed Manual Transmission (M66)	308-03
Manual Transmission/Transaxle External Controls - Vehicles With: 6-Speed Manual Transmission (M66)	308-06

# Ford Focus St User Manual

**Léo Pomar**



## **Ford Focus St User Manual:**

This is likewise one of the factors by obtaining the soft documents of this **Ford Focus St User Manual** by online. You might not require more mature to spend to go to the ebook establishment as well as search for them. In some cases, you likewise reach not discover the revelation Ford Focus St User Manual that you are looking for. It will unquestionably squander the time.

However below, in imitation of you visit this web page, it will be appropriately certainly simple to acquire as skillfully as download guide Ford Focus St User Manual

It will not believe many grow old as we notify before. You can pull off it even though perform something else at house and even in your workplace. correspondingly easy! So, are you question? Just exercise just what we allow under as skillfully as review **Ford Focus St User Manual** what you later to read!

[https://blog.gospelcrusade.org/files/virtual-library/default.aspx/Hp\\_C759\\_Laptops\\_Owners\\_Manual.pdf](https://blog.gospelcrusade.org/files/virtual-library/default.aspx/Hp_C759_Laptops_Owners_Manual.pdf)

## **Table of Contents Ford Focus St User Manual**

1. Understanding the eBook Ford Focus St User Manual
  - The Rise of Digital Reading Ford Focus St User Manual
  - Advantages of eBooks Over Traditional Books
2. Identifying Ford Focus St User Manual
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Ford Focus St User Manual
  - User-Friendly Interface
4. Exploring eBook Recommendations from Ford Focus St User Manual

- Personalized Recommendations
- Ford Focus St User Manual User Reviews and Ratings
- Ford Focus St User Manual and Bestseller Lists
- 5. Accessing Ford Focus St User Manual Free and Paid eBooks
  - Ford Focus St User Manual Public Domain eBooks
  - Ford Focus St User Manual eBook Subscription Services
  - Ford Focus St User Manual Budget-Friendly Options
- 6. Navigating Ford Focus St User Manual eBook Formats
  - ePub, PDF, MOBI, and More
  - Ford Focus St User Manual Compatibility with Devices
  - Ford Focus St User Manual Enhanced eBook Features
- 7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of Ford Focus St User Manual
  - Highlighting and Note-Taking Ford Focus St User Manual
  - Interactive Elements Ford Focus St User Manual
- 8. Staying Engaged with Ford Focus St User Manual
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers Ford Focus St User Manual
- 9. Balancing eBooks and Physical Books Ford Focus St User Manual
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection Ford Focus St User Manual
- 10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
- 11. Cultivating a Reading Routine Ford Focus St User Manual
  - Setting Reading Goals Ford Focus St User Manual
  - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Ford Focus St User Manual

- Fact-Checking eBook Content of Ford Focus St User Manual
  - Distinguishing Credible Sources
13. Promoting Lifelong Learning
- Utilizing eBooks for Skill Development
  - Exploring Educational eBooks
14. Embracing eBook Trends
- Integration of Multimedia Elements
  - Interactive and Gamified eBooks

### **Ford Focus St User Manual Introduction**

Ford Focus St User Manual Offers over 60,000 free eBooks, including many classics that are in the public domain. Open Library: Provides access to over 1 million free eBooks, including classic literature and contemporary works. Ford Focus St User Manual Offers a vast collection of books, some of which are available for free as PDF downloads, particularly older books in the public domain. Ford Focus St User Manual : This website hosts a vast collection of scientific articles, books, and textbooks. While it operates in a legal gray area due to copyright issues, its a popular resource for finding various publications. Internet Archive for Ford Focus St User Manual : Has an extensive collection of digital content, including books, articles, videos, and more. It has a massive library of free downloadable books. Free-eBooks Ford Focus St User Manual Offers a diverse range of free eBooks across various genres. Ford Focus St User Manual Focuses mainly on educational books, textbooks, and business books. It offers free PDF downloads for educational purposes. Ford Focus St User Manual Provides a large selection of free eBooks in different genres, which are available for download in various formats, including PDF. Finding specific Ford Focus St User Manual, especially related to Ford Focus St User Manual, might be challenging as theyre often artistic creations rather than practical blueprints. However, you can explore the following steps to search for or create your own Online Searches: Look for websites, forums, or blogs dedicated to Ford Focus St User Manual, Sometimes enthusiasts share their designs or concepts in PDF format. Books and Magazines Some Ford Focus St User Manual books or magazines might include. Look for these in online stores or libraries. Remember that while Ford Focus St User Manual, sharing copyrighted material without permission is not legal. Always ensure youre either creating your own or obtaining them from legitimate sources that allow sharing and downloading. Library Check if your local library offers eBook lending services. Many libraries have digital catalogs where you can borrow Ford Focus St User Manual eBooks for free, including popular titles. Online Retailers: Websites like Amazon, Google Books, or Apple Books often sell eBooks. Sometimes, authors or publishers offer promotions or free periods for certain books. Authors Website Occasionally, authors provide excerpts or short

stories for free on their websites. While this might not be the Ford Focus St User Manual full book, it can give you a taste of the authors writing style. Subscription Services Platforms like Kindle Unlimited or Scribd offer subscription-based access to a wide range of Ford Focus St User Manual eBooks, including some popular titles.

### FAQs About Ford Focus St User Manual Books

1. Where can I buy Ford Focus St User Manual books? Bookstores: Physical bookstores like Barnes & Noble, Waterstones, and independent local stores. Online Retailers: Amazon, Book Depository, and various online bookstores offer a wide range of books in physical and digital formats.
2. What are the different book formats available? Hardcover: Sturdy and durable, usually more expensive. Paperback: Cheaper, lighter, and more portable than hardcovers. E-books: Digital books available for e-readers like Kindle or software like Apple Books, Kindle, and Google Play Books.
3. How do I choose a Ford Focus St User Manual book to read? Genres: Consider the genre you enjoy (fiction, non-fiction, mystery, sci-fi, etc.). Recommendations: Ask friends, join book clubs, or explore online reviews and recommendations. Author: If you like a particular author, you might enjoy more of their work.
4. How do I take care of Ford Focus St User Manual books? Storage: Keep them away from direct sunlight and in a dry environment. Handling: Avoid folding pages, use bookmarks, and handle them with clean hands. Cleaning: Gently dust the covers and pages occasionally.
5. Can I borrow books without buying them? Public Libraries: Local libraries offer a wide range of books for borrowing. Book Swaps: Community book exchanges or online platforms where people exchange books.
6. How can I track my reading progress or manage my book collection? Book Tracking Apps: Goodreads, LibraryThing, and Book Catalogue are popular apps for tracking your reading progress and managing book collections. Spreadsheets: You can create your own spreadsheet to track books read, ratings, and other details.
7. What are Ford Focus St User Manual audiobooks, and where can I find them? Audiobooks: Audio recordings of books, perfect for listening while commuting or multitasking. Platforms: Audible, LibriVox, and Google Play Books offer a wide selection of audiobooks.
8. How do I support authors or the book industry? Buy Books: Purchase books from authors or independent bookstores. Reviews: Leave reviews on platforms like Goodreads or Amazon. Promotion: Share your favorite books on social media or recommend them to friends.

9. Are there book clubs or reading communities I can join? Local Clubs: Check for local book clubs in libraries or community centers. Online Communities: Platforms like Goodreads have virtual book clubs and discussion groups.
10. Can I read Ford Focus St User Manual books for free? Public Domain Books: Many classic books are available for free as they're in the public domain. Free E-books: Some websites offer free e-books legally, like Project Gutenberg or Open Library.

**Find Ford Focus St User Manual :**

~~hp e759 laptops owners manual~~

**hp designjets 500 and 800 series service manual**

~~hp dv6901 laptops owners manual~~

~~hp dv4 1120 laptops owners manual~~

~~hp dv6 3231 laptops owners manual~~

~~hp color laserjet cp1210 cp1510 service repair manual~~

~~hp 726 laptops owners manual~~

~~hp 4120 telephones owners manual~~

**hp deskjet f4235**

~~hp compaq nx8220 nc8230 notebook service and repair guide~~

~~hp color laserjet 8500 8550 printer family service manual~~

~~hp 50g graphing calculator user manual~~

**hp 41c manual**

~~hp 63service guide~~

**hp 4200cse scanners owners manual**

**Ford Focus St User Manual :**

*lotto liebe fernsehserien de* - Nov 24 2021

web mar 25 2016 lotto liebe d 2001 92 min jetzt ansehen komödie bild sixx der allein erziehenden mutter marie käme der gewinn des lotto jackpots gerade recht mit mühe

let s play deponia 004 die liebe lotti youtube - Jul 01 2022

web und so geht es weiter in kuvaq ob wir die goal retten können aber dabei müssen wir erst einmal am lotti vorbei und wir

müssen toni ein paar dinge aus dem l

*eliza on twitter* - Feb 08 2023

web jun 6 2021 in this conversation verified account protected tweets suggested users

*let s play deponia 007 deutsch hd blind die liebe lotti* - Dec 06 2022

web willkommen zu let s play deponia deponia ein adventure von daedalic entertainment 2012 in diesem let s play werden wir rufus durch seine eigene manchmal a

**lotti lotti liebt instagram photos and videos** - Feb 25 2022

web 275 followers 295 following 41 posts see instagram photos and videos from lotti lotti liebt

**liebe lust lotti liebesroman amazon com tr** - May 11 2023

web arama yapmak istediğiniz kategoriye seçin

*liebe lotti eine kreative zeitreise mit liebevoll gestalteten* - Jul 13 2023

web jul 1 2012 liebe lotti eine kreative zeitreise mit liebevoll gestalteten textilien accessoires gutwill carola on amazon com free shipping on qualifying offers

**eliza on twitter** - Oct 24 2021

web jun 7 2021 gedankenstich gute frage mein partner und ich beide neuerdings homeoffice ziehen in eine neue große wohnung schließlich brauchen wir ein extra

lotto liebe filmkritik film tv spielfilm - Dec 26 2021

web lotto liebe der film im kino inhalt bilder kritik trailer kinoprogramm sowie kinostart termine und bewertung bei tv spielfilm de

liebe türkçe Çeviri bab la almanca türkçe sözlük - Jan 07 2023

web Ücretsiz almanca türkçe sözlükte liebe in karşılığı ve başka pek çok türkçe çeviri

liebe lotti luiza perlstein guttman 1880 1944 genealogy - Sep 03 2022

web genealogy for liebe lotti luiza perlstein guttman 1880 1944 family tree on geni with over 250 million profiles of ancestors and living relatives

**emmanuel s email bde liebe lotti tugendhaft** - Oct 04 2022

web may 8 2023 it is with utmost sadness we announce the passing of our dear mother liebe lotti tugendhaft mother of leon tugendhaft rosie bick ashley tugendhaft the

**was ist liebe by lotti huber mozaart** - May 31 2022

web listen to was ist liebe track by lotti huber for free clip lyrics and information about lotti huber playlists based on was ist liebe

**liebe auf türkisch übersetzen deutsch tuerkisch net** - Apr 10 2023

web deutsch tuerkisch net liebe auf türkisch übersetzen liebe deutsch türkische übersetzung liebe in türkisch

**liebe lotti twitter** - Apr 29 2022

web liebe lotti adlı kişiden gelen son tweet ler

liebe lotti etsy - Jun 12 2023

web check out our liebe lotti selection for the very best in unique or custom handmade pieces from our learning school shops

*liebe lotte* - Jan 27 2022

web trying to make the world a more beautiful place one frame at a time more beautiful place one frame at a time

**liebe lotti by carola gutwill help discoveram** - Mar 09 2023

web liebe lotti ist die erste veröffentlichung von carola gutwill im acufactum verlag auf den spuren ihrer großmutter findet die autorin unerschöpflich viele inspirationen für

wehrlose liebe by helmut lotti lyrics genius - Aug 02 2022

web wehrlose liebe by helmut lotti lyrics clarinet concerto by mozart hab dich auf meinen thron gehob n dich als königin auserkor n gab für dich mein leb n doch

liebe lotti 2023 - Mar 29 2022

web liebe lotti clinical cases in scalp disorders jun 02 2020 this book identifies the broad scope of dermatological conditions in patients with scalp disorders scalp disorders can

wehrlose liebe by helmut lotti mozaart - Sep 22 2021

web listen to wehrlose liebe track by helmut lotti for free clip lyrics and information about helmut lotti playlists based on wehrlose liebe

**liebe translate german to english cambridge dictionary** - Nov 05 2022

web liebe translate love love love love love love fondness learn more in the cambridge german english dictionary

**liebe lotti briefe an meine geheimnisvolle großmutter eine** - Aug 14 2023

web liebe lotti briefe an meine geheimnisvolle großmutter eine kreative zeitreise mit liebevoll gestalteten textilien accessoires von carola gutwill carola gutwill isbn

*western europe and north america guided key* - Mar 04 2022

web national geographic field guide to the birds of western north america nov 06 2022 this guide delivers selected information on every species found from the pacific ocean to the rocky mountains

western europe and north america guided key - Mar 16 2023

web western europe and north america guided key north american road trip journal apr 02 2023 north american road trip

journal is a guided journal designed to help detail memories of your road trips around north america including the caribbean and central america it can also be used for train and bus travel or even a cruise

**download free western europe and north america guided key** - Jun 07 2022

web it features the first illustrated key to north american ant genera discusses distribution patterns explores ant ecology and natural history and includes a list of all currently recognized ant species in this large region

**westerneuropeandnorthamericaguidedkey pdf mitacoin** - Jul 08 2022

web illustrated keys and the most recent terminology it is not only practical but authoritative as well a practical guide to the marine animals of northeastern north america features leland pollock s innovative user friendly keys that circumvent many of the difficulties of traditional identification systems pollock s keys

western european and others group wikipedia - May 18 2023

web the group of western european and other states also known as the western european and other states group or weog french groupe des États d europe occidentale et autres États geoa spanish europa occidental y otros estados is one of the five united nations regional groups and is composed of 28 member states mainly from western

western europe and north america guided key pdf uniport edu - Nov 12 2022

web jul 5 2023 money western europe and north america guided key and numerous ebook collections from fictions to scientific research in any way in the course of them is this western europe and north america guided key that can be your partner

**tensions build behind the scenes between us and israel over gaza** - Aug 21 2023

web nov 16 2023 western officials continue to ask searching questions about israel s future strategy one british diplomat said this idea of safe zones for gaza civilians makes us very leery

**western europe and north america guided key api digital capito** - Jun 19 2023

web western europe and north america guided key 1 western europe and north america guided key industrial democracy in western europe spaces of neoliberalism the euro american system why did europe conquer the world future demographic trends in europe and north america moving europeans second edition

westerneuropeandnorthamericaguidedkey - Oct 23 2023

web it examines the problems of west european democracies in the era of the single european act and the treaty of maastricht allum discusses the politics of the four major western european countries britain france germany and italy he examines key institutions and developments in the light of contemporary social

*western europe and north america guided key pdf* - Jul 20 2023

web western europe and north america bhs wh 12 3 western europe and north america the death of europe with douglas

murray the history of western europe every year week 4 early western european middle ages the first viking in america leif erikson

[western europe and north america guided key pdf uniport edu](#) - Dec 13 2022

web apr 4 2023 western europe and north america guided key 1 7 downloaded from uniport edu ng on april 4 2023 by guest western europe and north america guided key getting the books western europe and north america guided key now is not type of challenging means you could not lonely going considering book amassing or library or

[westerneuropeandnorthamericaguidedkey](#) - Sep 22 2023

web western media systems feb 26 2021 western media systems offers a critical introduction to media systems in north america and western europe the book offers a wide ranging survey of comparative media analysis addressing the economic social political regulatory and cultural aspects of western media systems jonathan hardy takes

[ftd reference country codes sorted by code census gov](#) - Apr 05 2022

web schedule c country codes and descriptions sorted by code the list below shows all countries for which shipments are reportable select an item to jump to that table e g select 1 to jump to the table that contains all countries that start with 1

**western europe and north america guided key pdf uniport edu** - Oct 11 2022

web feb 27 2023 western europe and north america guided key 2 9 downloaded from uniport edu ng on february 27 2023 by guest memos reports and resumes and improve all forms of documentation from business procedures to highly technical content you ll learn how to quickly discover and prioritize the information you need whether you re

*western europe and north america guided key* - May 06 2022

web western europe and north americademographic trends 1965 1980fishery policies in western europe and north americademographic trends 1965 1980 in western europe and north america 1968 witnessed a highly unusual sequence of

**westerneuropeandnorthamericaguidedkey download only** - Jan 14 2023

web keys and the most recent terminology it is not only practical but authoritative as well a practical guide to the marine animals of northeastern north america features leland pollock s innovative user friendly keys that circumvent many of the difficulties of traditional identification systems

[western european union wikipedia](#) - Feb 15 2023

web the western european union weu french union de l europe occidentale ueo german westeuropäische union weu was the international organisation and military alliance that succeeded the western union wu after the 1954 amendment of the 1948 treaty of brussels the weu implemented the modified brussels treaty during the cold

**western europe and north america guided key** - Aug 09 2022

web april 16th 2018 western europe and north america guided answers western europe and north america guided key a

comparison of mongolian and chinese women in the 13th and 14th western europe overtakes china and north america as 1  
*western europe and north america guided key* - Sep 10 2022

web western europe and north america guided key yeah reviewing a book western europe and north america guided key  
could add your near connections listings perspicacity of this western europe and north america guided key can be taken as  
with ease as picked to act marketing information guide 1969 resources in education

*western europe wikipedia* - Apr 17 2023

web video taken by the crew of expedition 29 on board the iss on a pass over western europe in 2011 western europe is the  
western region of europe the region s extent varies depending on context the concept of the west appeared in europe in  
juxtaposition to the east and originally applied to the ancient mediterranean world the roman empire

**the urewera notebook lingua inglese pdf blueskywildlife** - Sep 22 2021

**the urewera notebook by katherine mansfield on jstor** - May 11 2023

web the urewera notebook by katherine mansfield 1978 oxford university press edition in english

[the urewera notebook lingua inglese pdf 2023](#) - Feb 25 2022

web listen to the audio pronunciation of te urewera on pronouncekiwi unlock premium audio pronunciations start your 7 day  
free trial to receive access to high fidelity premium

**the urewera notebook lingua inglese copertina rigida amazon it** - Jun 12 2023

web the year before her death katherine mansfield made a will in which she declared i desire to leave as few traces of my  
camping ground as possible <sup>1</sup> this strikingly lyrical

[the urewera notebook lingua inglese pdf full pdf](#) - May 31 2022

web web the urewera notebook lingua inglese pdf is open in our digital library an online admission to it is 3 set as public  
therefore you can download it instantly our digital library

**the urewera notebook by katherine mansfield de** - Jul 13 2023

web the urewera notebook lingua inglese mansfield katherine plumridge anna amazon it libri

[the urewera notebook 1978 edition open library](#) - Apr 10 2023

web the urewera notebook by katherine mansfield<sup>1</sup> edited by anna plumridge otago university press 2015 isbn 978 1 927322  
03 1 reviewed by mark houlahan on

**the urewera notebook by katherine mansfield<sup>1</sup> edited by anna** - Mar 09 2023

web this publication is the first scholarly edition of the urewera notebook providing an original transcription a collation of the  
alternative readings and textual criticism of prior editors

**the urewera notebook lingua inglese pdf ed schulz** - Apr 29 2022

web the urewera notebook lingua inglese pdf right here we have countless book the urewera notebook lingua inglese pdf and collections to check out we additionally

**how to pronounce te urewera howtopronounce com** - Dec 26 2021

web urewera notebook lingua inglese pdf but stop occurring in harmful downloads rather than enjoying a good book subsequent to a mug of coffee in the afternoon instead they

the urewera notebook by katherine mansfield - Aug 02 2022

web mar 2 2023 exercise just what we offer under as competently as review the urewera notebook lingua inglese pdf what you when to read in a german pension katherine

**the urewera notebook university of otago** - Feb 08 2023

web victoria university the urewera notebook scholarly edition researcharchive manakin repository

*the urewera notebook mansfield katherine 1888 1923* - Aug 14 2023

web topics mansfield katherine 1888 1923 journeys new zealand urewera authors new zealand 20th century biography urewera n z description and travel

**the urewera notebook lingua inglese pdf uniport edu** - Oct 04 2022

web the urewera notebook lingua inglese by katherine mansfield is reachable in our publication compilation an online access to it is set as public so you can get it instantly

**researcharchive vuw ac nz** - Mar 29 2022

web sep 9 2023 easy moderate difficult very difficult pronunciation of te urewera with 3 audio pronunciations 1 rating 1 rating 1 rating record the pronunciation of this word

*how to pronounce te urewera te urewera pronunciation* - Nov 24 2021

**the urewera notebook lingua inglese pdf uniport edu** - Sep 03 2022

web the urewera notebook lingua inglese pdf right here we have countless ebook the urewera notebook lingua inglese pdf and collections to check out we additionally

**the urewera notebook lingua inglese copy uniport edu** - Oct 24 2021

**the urewera notebook lingua inglese pdf gksrv** - Jan 27 2022

web jun 11 2023 merely said the the urewera notebook lingua inglese is universally compatible behind any devices to read authorial and editorial voices in translation

**the urewera notebook scholarly edition** - Dec 06 2022

web may 7 2023 seek to download and install the the urewera notebook lingua inglese it is unquestionably easy then back currently we extend the link to purchase and create

**the urewera notebook scholarly edition figshare** - Nov 05 2022

web notebook an introductory essay draws on important new developments in new zealand literary criticism advances in historiography of the period and legal history includes a

the urewera notebook lingua inglese by katherine mansfield - Jul 01 2022

web jul 2 2022 3 contents abstract 5 list of photographs 7 acknowledgments 9 general introduction 11 1 the role of the urewera notebook in mansfield biography 11 2

**urewera notebook by katherine mansfield google books** - Jan 07 2023

web this thesis is a scholarly edition of katherine mansfield s urewera notebook the general introduction summarises the purpose to which the notebook has been put by previous