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Something I would like to try	Someone I like to spend time with	Favourite hobby	Something that makes me happy	Something I am proud of	Favourite holiday	Something that makes me sad	
Favourite TV show or film	<h1>Getting to know you game!</h1>  <h2>DID YOU KNOW?</h2>					Something that I would like to learn	
Something I know about animals						Favourite pizza toppings	
Something I am good at						Something that makes me angry	
Favourite food	Something I would like to learn	START			Anything else I should know	Favourite smell	Something I am good at

Being tips for children with special needs

# Getting To Know Me Activities

**Lois Kimball Mathews Rosenberry**



## Getting To Know Me Activities:

**Emotion Regulation Skills System Workbook** Julie F. Brown,2026-01-09 In a convenient large size format this user friendly workbook gives Skills System participants a wealth of tools for learning how to manage feelings navigate the ups and downs of life and reach goals Designed for learners of all ages and abilities the volume includes more than 100 reproducible handouts and worksheets though not all of them are used in every skills program The Skills System is grounded in dialectical behavior therapy DBT a proven approach that has helped millions of people around the world cope with complex mental health difficulties and build a life worth living Worked examples show how to fill out the worksheets for adults the companion website provides worked examples for elementary and high school age youth Note The e book edition of this title contains fillable versions of the reproducible tools Mental health professionals see also the authoritative manual *The Emotion Regulation Skills System for Clients with Cognitive Challenges Second Edition* [Visiting the Memory Café and other Dementia Care Activities](#) Caroline Baker,Jason Corrigan-Charlesworth,2017-08-21 Activity and engagement are vital to our well being throughout our lives and this continues to be just as true of people living with dementia The activities presented in this book have been designed to provide meaningful engagement for residents while respecting each individual resident s readiness to engage and participate This approach to person centred care has proven to be extremely effective activities such as Namaste Care and Memory Caf s have engaged residents who had previously not responded to interventions demonstrably showing an increase in their levels of well being Supported by case studies each chapter will also recommend the best way to implement the ideas discussed in the care home environment and beyond [Campus Activities Programming](#) ,2007

**Charges Against Members of the House and Lobby Activities of the National Association of Manufacturers of the United States and Others** United States. Congress. House. Select committee on lobby investigation. [from old catalog],1913 [Charges Against Members of the House and Lobby Activities of the National Association of Manufacturers of the United States and Others](#) United States. Congress. House. Select Committee on Lobby Investigation,1913 **School Activities** ,1957 **True Stories of the Great War** Francis Trevelyan Miller,1917 **Career Education Monograph Series** North Carolina State University. Center for Occupational Education,1973 **SOME ACTIVITIES OF THE CONGREGATIONAL CHURCH WEST OF THE MISSISSIPPI** Lois Kimball Mathews Rosenberry,1910 **Methods of Teaching Social Studies to Elementary School Children** George W. Maxim,1977 **Pupil Activities in the Elementary Grades** Ruby Minor,1929 [Faxing Friends](#) Catherine Vanderheyden-Trescony,1993 **White Book on Aggressive Activities by the Governments of the USSR, Poland, Czechoslovakia, Hungary, Rumania, Bulgaria and Albania Towards Yugoslavia** ,1980 *American Lumberman* ,1919 **The Phonograph Monthly Review** ,1926 *Our Journal* ,1916 *After-school Experiences* Kimberly A. Dadisman,2003 **Electrical News** ,1916 **Bulletin of the American Institute of Mining and Metallurgical Engineers** American Institute of Mining and Metallurgical

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