

# Milady Esthetics Chapter 10: Physiology and Histology

## questions and solutions

Physiology is most accurately described as the study of the \_\_\_\_\_. - correct answers functions of Living Organisms

The largest organ of the body is the \_\_\_\_\_. - correct answers Skin

Appendages include \_\_\_\_\_. - correct answers hair, nails, sweat and oil glands (all answers)

Your skin contains what fraction of your body's primary immune cells? - correct answers one-half

What does the skin protect against? - correct answers outside elements and micro-organisms

The barrier function of the skin includes \_\_\_\_\_. - correct answers Acid mantle

What is the average pH of the acid mantle? - correct answers 5.5

What does TEWL stand for? - correct answers Trans epidermal Water Loss

The intercellular cement between cells is made up of \_\_\_\_\_. - correct answers Lipids

The immune cells that protect us from foreign substances are the \_\_\_\_\_. - correct answers T cells

Sensory nerve fibers are most abundant in the \_\_\_\_\_. - correct answers Fingertips

The average body's internal thermostat is set \_\_\_\_\_ degrees Fahrenheit. - correct answers 98.6

Which glands excrete perspiration and detoxify the body? - correct answers Sudoriferous

The sebaceous glands \_\_\_\_\_. - correct answers Soften skin, excrete sebum, protect skin from outside elements. (all answers)

Intercellular means \_\_\_\_\_ the cells. - correct answers Between

It is important to understand the function of each layer of the skin because it helps you to correctly \_\_\_\_\_. - correct answers choose products and treatment

Estheticians are licensed to work on \_\_\_\_\_. - correct answers Epidermis only

About 95% of the epidermis is made up of \_\_\_\_\_. - correct answers Keratinocytes

What describes Stratum Lucidum? - correct answers Clear cells

What is the average cell turnover rate for the skin cells of the epidermis? - correct answers 28 days

Desquamation is the \_\_\_\_\_. - correct answers Shedding of keratinocytes from the skin

# Milady Esthetics Chapter 10

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