

Nutrition-Multiple Choice Questions

1. Kwashiorkor is deficiency disease of
 - a. Carbohydrates
 - b. Proteins
 - c. Iron
 - d. Vitamin D
2. The vitamin which help the eye to adjust vision in dim light is
 - a. Vitamin A
 - b. Vitamin D
 - c. Vitamin E
 - d. Vitamin K
3. Osteomalacia is the deficiency disease of
 - a. Vitamin B
 - b. Vitamin D
 - c. Vitamin E
 - d. Vitamin K
4. The vitamin associated with blood clotting is
 - a. Vitamin B
 - b. Vitamin D
 - c. Vitamin E
 - d. Vitamin K
5. Vitamin made up of thiazol and pyridine moiety is
 - a. Vitamin B₁
 - b. Vitamin B₆
 - c. Vitamin B₁₂
 - d. Biotin
6. Beri beri is the deficiency disease of
 - a. Vitamin B₁
 - b. Vitamin B₆
 - c. Vitamin D
 - d. Niacin
7. Riboflavin exit in the form of ----- coenzyme
 - a. NAD
 - b. NADP
 - c. FAD
 - d. Non of these
8. Deficiency of ----- vitamin leads to glossitis
 - a. Vitamin B₁
 - b. Vitamin B₂
 - c. Vitamin B₁₂
 - d. Niacin
9. Pellagra is the disease caused by the deficiency of
 - a. Vitamin B₁

Food And Nutrition Multiple Choice Questions

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CBSE Class 12 - Food Nutrition and Dietetics - 10 Sample Papers Mocktime Publication, CBSE Sample Papers Class 12 Food Nutrition and Dietetics *Food Nutrition AND dietics:Part- B* Dr. Bipin Kumar Mishra,2025-08-07 This textbook has been carefully developed for students pursuing Food Nutrition and Dietetics at the Class 11 level under the CBSE vocational curriculum Aligned with the National Skills Qualifications Framework NSQF it introduces core concepts in a simplified and student friendly manner The book covers topics such as nutrition basics food groups balanced diets nutritional requirements meal planning and food hygiene Chapters are supported by illustrations exercises and activities that help students connect theory with everyday life and lay the groundwork for advanced topics in Class 12 It promotes critical thinking healthy food practices and practical skills in the field of food and nutrition The textbook aligns with the CBSE Class 11 vocational syllabus Code 834 uses simple language to introduce essential concepts and emphasizes skill building and application based learning Through diagrams real life examples and activities it encourages healthy food habits scientific awareness and forms a strong foundation for further studies **Food Nutrition and Dietics CBSE/ISC CLASS-XII Part-B** Dr. Bipin Kumar

Mishra,2025-10-13 *Food, Nutrition and Hygiene - According to NEP-2020* R. Bansal,2021-10-19 The book Food Nutrition and Hygiene has been written in accordance with the latest syllabus prescribed for different universities that have adopted the common unified syllabus under the National Education Policy 2020 The most important thing that the Covid 19 pandemic taught us is that health is the real wealth The pandemic was crucial in making us understand the importance of having good health When everything else fails we only have our health to depend on Having the basic knowledge of food and nutrition is absolutely essential in today s world Studying a food science and nutrition course will provide students with an understanding of trends and how to distinguish fact from fiction as we become more health conscious After studying this subject the student would be able to fully understand the concept of Food and Nutrition He or she would gain awareness regarding the common health issues in the society and will have clarity on the special requirements of food during an illness

Directory of Food and Nutrition Information Services and Resources Robyn C. Frank,1984 Directory intended to assist nutritionists and other interested professionals as to sources of food and nutrition information Emphasis is on management education food science and related aspects of applied nutrition Arranged under nine chapters dealing with such topics as databases reference materials and organization and agencies Each entry gives discription Subject geographical organization and program indexes **FOOD, NUTRITION AND HYGIENE** Dr. Mridula Gautam,Dr. Sunita Tripathi,2024-06-01 Purchase e Book of FOOD NUTRITION AND HYGIENE of B A 1st Semester for all UP State Universities Common Minimum Syllabus as per NEP Published By Thakur Publication *Journal of Food & Nutrition* ,1983 FAO Food and Nutrition Paper ,1996

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