

Emergency Medicine American Red Cross Lifeguard Tests A&B / American Red Cross Lifeguard TEST Solution Guide updated 2022/2023

1. How can you protect yourself from possible blood borne pathogens transmission when providing care? - **Correct Ans-Use PPE such as Disposable Gloves Breathing Barrier/Mask**
2. A child is wheezing and grabbing his chest. after obtaining consent his mother tells you he has asthma but does not have his inhaler nearby. What care should you provide? - **Correct Ans-1) Summon EMS**
3. **2) Place victim in positions that helps breathing**
4. While at the snack bar a child grabs his throat. You ask him if he is choking and he nods yes. You activate the facility's emergency action plan. You tell him you a life guard and get consent from his parents. What should you do next? - **Correct Ans-1) Stand/kneel behind victim**
2) give 5 back blows
3) followed by 5 abdominal thrusts
5. You and another life guard find an unconscious adult on the floor in the locker room. You activate EAP , size up scene, and preform primary assessment. You find the victim not breathing but has a pulse. You call 911 then...? - **Correct Ans-give 1 breath every 5 seconds**
6. you come upon a scene where a patron appears to be injured. Before approaching the victim what should you do to size up the scene? - **Correct Ans-Begin primary assessment**
7. When providing care during an emergency what should you first do? - **Correct Ans-Size up the scene**
8. You were performing CPR on an adult how deep should you compress the chest? - **Correct Ans-At least 2 inches**

Lifeguard Certification Test B Study Guide

Brian W. Stewart



Lifeguard Certification Test B Study Guide:

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