

Exam 1 Study Guide
Community Nursing

1. Know the difference between primary, secondary, and tertiary prevention. Recognize examples of each. Look for key words that indicate the type based on the client's situation.

- **Primary:** prevent development of disease
 - Preventing HAI's
- **Secondary:** early detection and treatment of disease
 - Screening
- **Tertiary:** prevention of disability and premature death
 - Health Education

2. Know the difference between hospice and palliative care.

Hospice is for patients who are no longer responding to treatment for their condition. **Palliative Care**- normal care or being responsive to care.

3. Recognize upstream/downstream interventions and upstream/downstream determinants of health – CH2

- **Downstream:** *TREATMENT/MANAGEMENT* Only addresses biological and behavioral bases for disease.
 - The conventional model uses downstream
 - The downstream approach represents taking action after disease or injury has occurred.
 - Social determinants include: conditions in which people are born, grow, live, work and age. Education, Health and Healthcare,
- **Upstream:** *PREVENTION* Social relations, neighborhoods and communities, institutions' social and economic policies.
 - An Upstream approach focuses on eliminating the factors that increase risk to a population's health.
 - The socioecological model uses upstream
 - Ecological Determinants include – potable water & sanitation, affordable/clean energy, climate action, life below water and life on land.

4. Know the difference between health equity and equality: CH7

Equity is giving people what they need, and **equality** is giving everyone the same regardless of need); know which is needed for optimum care.

- **Equity** is needed for optimum care.

5. What are the Healthy People 2030 goals?

- To promote and evaluate the nation's efforts to improve the health and well-being of its people.
- Prevention

6. Know how to recognize health disparities and potential causes- INCARCERATED FOLKS NEED MORE ACCESS TO CARE

Nahuc Practice Exam Study Guide

N Colangelo



Nahuc Practice Exam Study Guide:

The book delves into Nahuc Practice Exam Study Guide. Nahuc Practice Exam Study Guide is a crucial topic that needs to be grasped by everyone, ranging from students and scholars to the general public. The book will furnish comprehensive and in-depth insights into Nahuc Practice Exam Study Guide, encompassing both the fundamentals and more intricate discussions.

1. This book is structured into several chapters, namely:
 - Chapter 1: Introduction to Nahuc Practice Exam Study Guide
 - Chapter 2: Essential Elements of Nahuc Practice Exam Study Guide
 - Chapter 3: Nahuc Practice Exam Study Guide in Everyday Life
 - Chapter 4: Nahuc Practice Exam Study Guide in Specific Contexts
 - Chapter 5: Conclusion
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