

Monitoring your progress by video – two weeks after injections.

- Good treatment relies on us assessing your face to see how well your botulinum toxin injections have worked. This allows us to maximise the effectiveness of your treatment.
- We appreciate it can be difficult to feel changes so we get patients to take video footage on their phone, tablet or computer **two weeks** after injections and then bring the video in with them to their next appointment.

When taking video make sure:

- Your hair (including fringe) is back off your face, your neck is showing and you are looking at the camera
- You have a plain background behind you and very bright lighting
- You are close to the camera (like the photos below) and not twisted

Please remember to bring the video along to your next appointment.

1		Relax your face and look at the video for 10 seconds	6		Do a big smile x 3
2		Raise eyebrows x 3	7		Show your teeth x 3
3		Close eyes gently x 3	8		Pucker your lips, blow or whistle x 3
4		Close eyes firmly x 3	9		Blow your cheeks out x 3
5		Smile with lips together x 3	<p>Notes about treatment*</p> <p>What worked well? Did anything cause problems?</p>		Notes:

Please remember that chemodenervation (botulinum toxin) injections cannot work alone and ongoing daily massage, stretches and exercises are essential in order to make long lasting improvements and maximum recovery.

Facial Muscles Manual Muscle Testing

**M. Lynn Palmer, Marcia E. Epler, Marcia
F. Epler**

Facial Muscles Manual Muscle Testing:

Neuromuscular Essentials Marilyn Moffat,Joanell A. Bohmert,Janice B. Hulme,2008 Intended for physical therapy students clinicians this title addresses the physical therapist examination including history systems review specific tests measures for various cases as well as evaluation diagnosis evidence based interventions *Fundamentals of Musculoskeletal Assessment Techniques* M. Lynn Palmer,Marcia E. Epler,Marcia F. Epler,1998 Organized by region this text provides the fundamentals of evaluation and examination techniques of the musculoskeletal system Each region begins with step by step instructions for goniometry manual muscle testing muscle length joint accessory motions and special orthopedic tests Special discussions of posture and gait analysis are also included New in this edition is a chapter on Assessment of Pain The discussion on the Spine has been expanded to three chapters Cervical Thoracolumbar Spine and Sacroiliac Joint Compatibility BlackBerry OS 4 1 or Higher iPhone iPod Touch 2 0 or Higher Palm OS 3 5 or higher Palm Pre Classic Symbian S60 3rd edition Nokia Windows Mobile Pocket PC all versions Windows Mobile Smartphone Windows 98SE 2000 ME XP Vista Tablet PC *Clinical Trials in Neurology* Roberto Guilloff,2001-05-05 Clinical Trials in Neurology comprehensively tackles the methodology and design of clinical trials in neurological disease A general section deals with the ethical aspects drug development and regulatory requirements basic trial designs and the statistics used A diseases section tackles specific aspects of disorders focusing on the relevant ethical issues outcome variables and experience with large multicentre trials

Muscle Function Testing - A Visual Guide Karin Wieben,Bernd Falkenberg,2015-04-29 A practical guide to manual muscle function testing This beautifully illustrated pocket atlas provides physical therapists occupational therapists sports therapists and students with practical guidelines and quick tests for evaluating gross motor function throughout the body The tests in this manual are particularly suitable for analyzing isolated muscle deficits and evaluating other testing methods When used as a regular part of the physical therapy routine manual muscle testing provides valuable information on individual treatment needs enables the therapist to monitor progress and modify procedures and allows the patient to see the results for themselves Key features Almost 200 high quality color photographs and illustrations help demonstrate each step in the testing process Quick tests for evaluating overall muscle function followed by detailed guidelines for testing muscle function in the head and face spine and upper lower extremities Detailed introductory chapter on the foundations and anatomical basis of muscle testing Clear descriptions of clinical symptoms for each muscle group plus examples from practice Online access to assessment forms on Thieme s MediaCenter Test questions and answers for self study This book is a valuable resource for all PT practitioners and students that will enrich their practice and help them to successfully evaluate and treat patients suffering from muscle related injuries [Goodman and Snyder's Differential Diagnosis for Physical Therapists - E-Book](#) John Heick,Rolando T. Lazaro,2022-06-25 NEW Revised content throughout the book provides the most current information for effective practice and includes updated references as well as a discussion of pain mechanisms NEW

Screening for Neurologic Conditions chapter focuses on conditions that require immediate referral when the neurologic condition is in the prodromal stage and have not yet been diagnosed by a medical professional NEW Updated screening tools include Optimal Screening for Prediction of Referral and Outcome Yellow Flag OSPRO YF and Optimal Screening for Prediction of Referral and Outcome Review of Systems OSPRO ROS NEW Enhanced eBook version is included with every print purchase allowing access to all of the text images and references from the book on a variety of devices NEW Updated appendices include screening tools and checklists available in the eBook

Muscles, Testing and Function Henry Otis Kendall, Florence Peterson Kendall, Gladys Elizabeth Wadsworth, 1971

Pediatrics for Medical Students Daniel Bernstein, Steven P. Shelov, 2011-07-24 Textbook concentrates on evaluative skills and the rational development of differential diagnosis It also covers clinical practice in the context of recent trends in the delivery of health care including legal issues coding utilization review utilization management and more

The Muscle Testing Handbook Virginia Pact, Marcia Sirotkin-Roses, Joseph Beatus, 1984

Examining Neurocritical Patients Eelco F. M. Wijdicks, 2021-07-15 This indispensable title rethinks the neurologic examination in a format tailored modified and specialized for neurocritical illness Generously illustrated this book provides a detailed clinical assessment of the acutely ill neurologic patient It explains why certain neurologic signs appear and provides fundamentals of localization Certain situations demand certain structured examinations Eventually all information has to be integrated logically Different examination techniques may be needed Recognition of deterioration and increased vigilance with important mimickers and confounders are part of our professional fabric Other necessary skills include predicting a clinical course and outcome coordinating effective transfers of unstable patients and communicating expected clinical changes Neurologists traditionally have carefully considered the examination findings before acting and localized findings before ordering tests these heuristics must remain An indispensable title designed for all learners Examining Neurocritical Patients preserves the beauty of a comprehensive clinical neurologic examination and serves as a high yield master class for every health care professional tasked with clinical assessment of a neurocritically ill patient

Lifespan Neurorehabilitation Dennis Fell, Karen Y Lunnen, Reva Rauk, 2018-01-02 The neuro rehab text that mirrors how you learn and how you practice Take an evidence based approach to the neurorehabilitation of adult and pediatric patients across the lifespan that reflects the APTA s patient management model and the WHO s International Classification of Function ICF You ll study examination and interventions from the body structure function impairments and functional activity limitations commonly encountered in patients with neurologic disorders Then understanding the disablement process you ll be able to organize the clinical data that leads to therapeutic interventions for specific underlying impairments and functional activity limitations that can then be applied as appropriate anytime they are detected regardless of the medical diagnosis

[Muscles, Testing and Function](#) Florence Peterson Kendall, Elizabeth Kendall McCreary, 1983

Clinical Evaluation of Muscle Function A.-M. Chevalier, M. Lacôte, 1987

Clinical Assessment

Procedures in Physical Therapy M. Lynn Palmer, Marcia E. Epler, 1990 *Muscles in Action* Joan H. Cole, Anne L. Furness, Lance T. Twomey, 1988 This work is designed to offer students in a variety of disciplines a structured introduction to the evaluation of strength and function of the muscles of the human body and to be an easy reference for the clinician in practical situations *An Atlas of Examination, Standard Measurements and Diagnosis in Orthopedics and Traumatology* Otto Russe, 1972 *Atlas of Temporomandibular Orthopedics: Manual of temporomandibular therapeutics* Stephen David Smith, 1981 *Muscle Testing* Lucille Daniels, Catherine Worthingham, 1986 **Manual of Operative Surgery** John Fairbairn Binnie, 1916 **Yonsei Medical Journal**, 2010 **Clinical Evaluation and Diagnostic Tests for Neuromuscular Disorders** Tulio E. Bertorini, 2002 This book provides expert advice from leading authorities on how and when to use the numerous evaluation tests now available for diagnosis and management of neuromuscular disorders Its practical approach will appeal to practicing neurologists as well as neurology residents and fellows All methods of testing and assessment are covered and an invaluable section on protocol summarizes the material A practical source of information on how and when to select a test written by experts in the field Includes all methods of neuromuscular disorder tests and assessments Assists the practitioners in narrowing down the number of tests necessary to diagnose a condition

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