

Who we are

About the Lab

- Lab mission/focus
- Lab philosophy/values
- Lab history
- Lab space [*Contact information; Facilities; Lab resources*]
- Ethical code of conduct [*Lab ethical principles; Diversity statement; Institutional rules and code of conduct*]

Lab membership

- Onboarding [*Online accounts; Required skills; Using internal resources; Using external resources; Financial resources; Resource to new foreign members*]
- Roles and duties of lab members [*Roles; Duties and responsibilities*]
- Career development [*Mentoring / career development*]
- Leaving the lab [*Who to contact and when; Update/Revoke access; Requesting letters of recommendation; Future steps; Keeping contact with ex-members*]

How we do things

Life in the lab

- Time management [*Annual structure; Leaves/ holidays; Lab hours; Absences; Weekly/regular meetings; Dealing with deadlines; In-lab and remote working norms; Calendar usage; Social and special events*]
- Communication [*Settling disagreements between lab members, "mediation"; Internal; External; Lab vocabulary; Taking guests*]
- Lab social etiquette
- Maintaining health and safety [*Health & safety; Caring about happy lab life*]

Standard research procedures

- Preparing a study [*Initiating a study; Checking feasibility and validity; Operational steps*]
- Conducting a study [*Recruiting subjects; Operating equipment; Collecting the data; Securing protocol delivery; Documenting project development; Closing data collection; Troubleshooting experiments*]
- Data and file management [*Data processing and analysis; Data management quality control; Metadata; File and data standards; Saving and archiving; Protection of data privacy; Policies for sharing and access; Intellectual property and reuse*]
- Communicating the results of a study [*Ensuring standard and transparent reporting; Templates/ standard operating procedures for plotting; Work-mode to co-write a paper; Proof-reading; Choosing the journal; Accreditation; Open access; Poster presentation; Conference attendance; Talks; Public engagement*]
- Dealing with mistakes [*How to deal with mistakes; Confidentiality breaches*]
- Funding & budgeting [*Lab money; Scholarships, travel grants, prizes and awards for student members; Grant, scholarship administration; University benefits/ discounts*]

Laboratory Manual Samples

Léo Pomar



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