

Figure. Sample review of systems (ROS) format from the Pantex program.

# REVIEW OF SYSTEMS

## SKIN

- Rashes
- Itching
- Change in hair or nails

## HEAD

- Headaches
- Head injury

## EYES

- Glasses or contacts
- Change in vision
- Eye pain
- Double vision
- Flashing lights
- Glaucoma/Cataracts
- Last eye exam

## EARS

- Change in hearing
- Ear pain
- Ear discharge
- Ringing
- Dizziness

## NOSE/SINUSES

- Nose bleeds
- Nasal stuffiness
- Frequent colds

## ALLERGIES

- Hives
- Swelling of lips or tongue
- Hay fever
- Asthma
- Eczema/Sensitive
- Sensitivity to drugs, food, pollens, or dander

## MOUTH/THROAT

- Bleeding gums
- Sore tongue
- Sore throat
- Hoarseness

## NECK

- Lumps
- Swollen glands
- Goiter
- Stiffness

## BREAST

- Lumps
- Pain

- Nipple discharge
- BSE

## RESPIRATORY/CARDIAC

- Shortness of breath
- Cough
  - Production of phlegm, color
  - Wheezing
  - Coughing up blood
  - Chest pain
  - Fever
  - Night sweats
  - Swelling in hands/feet
  - Blue fingers/toes
  - High blood pressure
  - Skipping heart beats
  - Heart murmur
  - Hx of heart Medication
  - Bronchitis/emphysema
  - Rheumatic heart disease

## GASTROINTESTINAL

- Change of appetite or weight
- Problems swallowing
- Nausea
- Heartburn
- Vomiting
- Vomiting blood
- Constipation
- Diarrhea
- Change in bowel habits
- Abdominal pain
- Excessive belching
- Excessive flatus
- Yellow color of skin (jaundice/hepatitis)
- Food intolerance
- Rectal bleeding/Hemorrhoids

## URINARY

- Difficulty in urination
- Pain or burning on urination
- Frequent urination at night
- Urgent need to urinate
- Incontinence of urine
- Dribbling
- Decreased urine stream
- Blood in urine
- UTI/tones/prostate infection

## PERIPHERAL VASCULAR

- Leg cramps
- Varicose veins

- Clots in veins

## MUSCULOSKELETAL

- Pain
- Swelling
- Stiffness
- Decreased joint motion
- Broken bone
- Serious sprains
- Arthritis
- Gout

## NEUROLOGIC

- Headaches
- Seizures
- Loss of Consciousness/Fainting
- Paralysis
- Weakness
- Loss of muscle size
- Muscle spasm
- Tremor
- Involuntary movement
- Incoordination
- Numbness
- Feeling of "pins and needles/tingles"

## HEMATOLOGIC

- Anemia
- Easy bruising/bleeding
- Past Transfusions

## ENDOCRINE

- Abnormal growth
- Increased appetite
- Increased thirst
- Increased urine production
- Thyroid trouble
- Heat/cold intolerance
- Excessive sweating
- Diabetes

## PSYCHIATRIC

- Tension/Anxiety
- Depression/suicide ideation
- Memory problems
- Unusual problems
- Sleep problems
- Past treatment with Psychiatrist
- Change in mood/change in attitude towards family/friends

SIGNATURE \_\_\_\_\_

DATE \_\_\_\_\_

# Example Of Review Systems Documentation

**VM Jensen**



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