
LADC Exam Study Guide 2022 with complete solution

Step 1 - We admitted we were powerless over alcohol- that our lives had become unmanageable

Step 2 - Came to believe that a power greater than ourselves could restore us to sanity

Step 3 - Made a decision to turn our will and our lives over to the care of God as we understood him

Step 4 - Made a searching and fearless moral inventory of ourselves

Step 5 - Admitted to God, to ourselves, and to another human being the exact nature of our wrongs

Step 6 - Were entirely ready to have God remove all these defects of characters

Step 7 - Humbly ask Him to remove our shortcomings

Step 8 - Made a list of all the persons we had harmed, and became willing to make amends to them all

Step 9 - Made a direct amends to such people wherever possible, except when to do so would injure them or others

Step 10 - Continued to take personal inventory and when we were wrong, promptly admitted it

Step 11 - Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out

Step 12 - Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics and to practice these principles in all our affairs

Tradition 1 - Our common welfare should come first; personal recovery depends upon AA unity

Tradition 2 - For our group purpose there is but one ultimate authority- a loving God as He may express Himself in our group conscience our leaders are but trusted servants, they do not govern

Tradition 3 - The only requirement for AA membership is a desire to stop drinking

Tradition 4 - Each group should be autonomous except in matters affecting other groups or AA as a whole

Tradition 5 - Each group has but one primary purpose, to carry its message to the alcoholic who still suffers

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