

PERSONAL HYGIENE

LESSON K-5

PRINTABLE PDF

Personal Hygiene

I know what I need to do to stay healthy.

NAME: _____



Personal Hygiene Post Test

NAME: _____

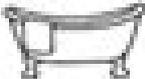
When should you wash your hands with soap?



How often should you brush your teeth?



How often should you bathe/shower?



How often should you brush or comb your hair (if it is not braided)?



How often should your nails be trimmed?



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Personal Hygiene!

Write about what you learned about staying healthy below.



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Hygiene Lessons For 5th Graders

O García



Hygiene Lessons For 5th Graders:

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