

Psychology: Knowledge Organiser. Paper 1: Memory

The Multi-Store Model of Memory

- Atkinson and Shiffrin (1968)
- Memory is made up of 3 components: sensory register, STM & LTM
- Information is passed sequentially and information passes from one component to the next.
- Each component has a specific type of coding, duration and capacity.



	Sensory Register	Short-Term Memory	Long-Term Memory
Capacity	Very large	Limited Jardine 7-12	Unlimited
Duration	Very limited (200 ms)	Limited Peterson and Peterson 20 seconds	Lifetime/years Berntsen
Coding	Unprocessed - all 5 senses	Acoustic/Verbal	Meaningful (meaning)

- Brain scanning techniques support the existence of separate STM and LTM stores: knowledge.
- Case study evidence supports the distinction between STM and LTM: **Clive Wearing**
- Evidence contradicts the idea that STM is a unitary store: **Warratson**, evidence also suggests that there are multiple types of LTM.
- Alternative model of memory: stronger supporting evidence for WM.

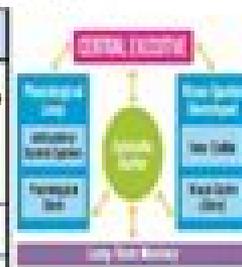
EWT: Misleading Information

- Leading questions: Loftus and Palmer experiment 1: 40 17th class films of car accident and asked a specific question - 'what was the car going when they first crash?'
 - Smashed = 40.8mph and contacted = 34.8mph. Shows accuracy of EWT affected by leading questions.
- Loftus and Palmer experiment 2: 130 students 'Did you see any broken glass?' (there was none).
 - EWT questioned with verb attached and yes compared to 1/3 of participants questioned with the verb 'is'. Shows questions can distort memories.
- Low ecological validity, experiments in real accidents have a stronger, emotional context - may not be susceptible to leading questions in the same way.
- High population validity, others may be more accurate in their judgement and less susceptible to misleading questions.
- Application of their findings to the criminal justice system.
 - Post-event discussion: Gabbert et al. 77% of 99 who discussed an event before recall independently revealed information and 60% said the all were guilty despite not watching.
 - Low ecological validity, does not reflect everyday examples of EWT.
 - High population validity, university students and older adults - 80% difference found
 - Further research required, use 1 post-event discussion or re-formity that explains findings?
 - Real world application: keep eyewitness apart.

The Working Memory Model

- Baddeley and Hitch (1974)
- A model of STM
- Multi-component system, which consists of a central executive, phonological loop and visuo-spatial sketchpad.
- STM has active system that allows us to work things through: two tasks can be carried out simultaneously in STM if they are being dealt with by different parts.

	Central Executive	Phonological Loop	Visuo-Spatial Sketchpad
Function	Control/active Coord of the WM; supports any function and controls the two systems	Temporary storage system for verbal info - phonemes, held in acoustic based forms.	Temporary storage system for visual and spatial information.
Capacity	Unlimited capacity	Limited temporarily	Limited temporarily
Coding	Any sensory modality	Acoustic information	Visual and spatial information



- Research evidence on dual task trials supports the existence of multiple components within STM and supports the idea of a separate phonological loop and visuo-spatial sketchpad: **Baddeley and Hitch study**
- The research into WJ case study supports the WM and the idea of two slave systems, the phonological loop and the visuo-spatial sketchpad, therefore providing support to the sketch and the idea of a multi-component STM system.
- Lack of clarity about the central executive in verbal and arithmetic: **Kalliger et al.**

EWT: Anxiety

- Wagon Wheel Effect: witness focus attention on the weapon - causes anxiety - leads to difficulty in recalling the other details accurately
- Johnson and Scott lab experiment: witnesses who saw a man holding a pen (the identified culprit) compared to witnesses who saw man holding a knife (the STM). Shows anxiety reduces accuracy in EWT.
 - Further: low ecological validity and ethical issues: broken
 - Reduced demand characteristics
 - Moral: weapon focus is caused by anxiety rather than anxiety.
- Yaffe and Gottwald Real life shooting witness to were very accurate 1 month later. These who reported the highest levels of stress were the most accurate. Shows real life anxiety - positive effect on accuracy.
- Dwyer's account for individual differences (Hollnagel).

EWT: Cognitive Interview

- Improving EWT: 4 techniques
 1. Report everything: free recall.
 2. Context reinstatement: mentally return to the situation. Context dependent forgetting.
 3. Changed perspective: after witness. Diversity schemes.
 4. Recall in reverse order: different chronological order. Prevents elaboration and reporting schemes.
- Key study: Schacter - you remembered using the 4 recalled significantly more correct information than those using the standard interview.
- Supporting evidence: **Kalderon et al.**
- Increases the amount of accurate information (Schacter).
- Real world application
- Real world application - practical issues.

Types of LTM

- All types of LTM are categorised as either explicit (declarative) or implicit (non-declarative).
- Explicit memories: knowledge for events and facts (knowing that).
- Implicit memories: skilled behaviours (knowing how)

	Explicit	Implicit	Procedural
Explicit or Implicit	explicit	implicit	implicit
Type of Memory	Personal experience	Knowledge	Performance skills or ability
Skills	Appropriate	temporal info	Conditioned and motor skills

- Meaningful evidence supports there are different types of LTM: **Talbot et al.**
- Case study evidence to support different types of LTM: **MM & PM**.
- Case study evidence needs to be treated with caution
- Real world application: **Kalderon et al.**

Forgetting: Interference

- Proactive: Past learning interferes with new learning. Key study: **Deppel and Underwood**.
- Retroactive: Interference: New learning interferes with past learning. Key study: **Baddeley and Hitch**.
- Supporting evidence for retroactive interference: **Mastaglio et al.**
- Most of the research on proactive interference is carried out in a laboratory: the findings do not represent everyday examples of interference and are limited in their application to human memory.
- Limited real world application.
- Evidence suggests that some people are less affected by proactive interference than others: **Stone and Diggle**.

Forgetting: Retrieval Failure

- Context dependent: Memory recall is better when the environment is the same as where it was learned. Key study: **Godden and Baddeley**
- State dependent: Memory recall is better when your mental state is the same as when you learnt it. Key study: **Carter and Cassaday**
- Research supports **Godden (1976)** and **Baddeley (1976)** support emotional/physiological state as a source of encoding is important at the time of retrieval.
- Real world application: exams - study by **Smith and the cognitive interview**.
- Information we learn is related to a lot more than cues e.g. meaningful material.
- Issues determining cause and effect.

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S Marginson



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