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## Mental Health Case Note

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Prepared By: **[Your Name]**

Company: **[Your Company Name]**

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### Client Information

**Client Name:** Lawrence Orn

**Client ID:** 123456789

**Date of Session:** March 5, 2060

**Time of Session:** 10:00 AM

**Clinician Name:** Dr. Sigmund Corwin, LMFT

### Presenting Problem

Lawrence expressed feelings of persistent anxiety and difficulty sleeping over the past month. He reports that his workload has increased significantly, which has led to feelings of overwhelm and irritability.

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### Session Notes

#### A. Subjective Observations:

He mentioned experiencing muscle tension and headaches, which he attributes to stress.

# Mental Case User Guide

**M Planty**



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