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Canada's Food Guide

Colouring Sheet



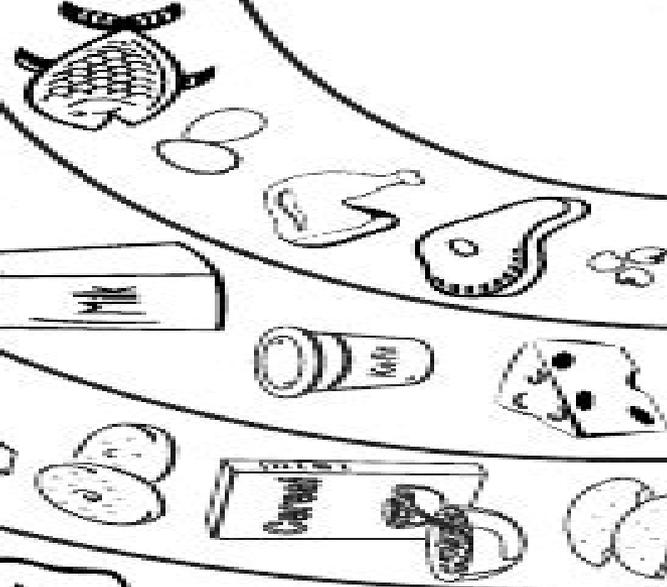
# Vegetables and Fruit



# Grain Products



# Milk and Alternatives



# Meat and Alternatives

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