

Group Therapy Note, Individualized

Date of Exam: 7/1/2015
Time of Exam: 1:57:09 PM

Patient Name: Smith, Jenny
Patient Number: 1000010660043

Session Remarks:
Group Therapy Note:

Group Type: The focus of today's group was the subject of sobriety management. Group members were first encouraged to examine the ways substance abuse has adversely effected their lives. Group members were then directed to share and explore methods and strategies for remaining sober in the outpatient setting.

Present at today's session were the following:
Eight members of the group were present today.

Group Leader Interventions:
Group Leader facilitated discussion about **sobriety** management techniques.
Facilitated Group Process
Involved all Group
Kept Group focused
Helped group members set limits and boundaries
Therapist provided psycho-education regarding clarifying areas of difficulty and identifying coping skills.
Therapist provided support and structure
Assigned worksheet/activity with topic of **finding a sober peer group.**

Individual Behavior During This Session:

Appearance and Behavior: In today's session Jenny appeared calm, friendly, communicative, and relaxed. Her participation today was normal, with responses to others and sharing of personal experiences and feelings. She was active and participated fully in discussions today. A normal amount of physical activity was exhibited by Jenny today. Jenny today spoke of self defeating behavior. Jenny today spoke of issues associated with substance abuse. Jenny describes substance cravings. She admits she was tempted to use. Jenny denies use.

Suicidal ideas or intentions are not in evidence and not expressed. No suicidal plans are present.

Group Therapy Progress Note Example

Victor M. Corman



Group Therapy Progress Note Example:

Enjoying the Track of Expression: An Psychological Symphony within **Group Therapy Progress Note Example**

In some sort of used by displays and the ceaseless chatter of immediate conversation, the melodic elegance and psychological symphony created by the published word often disappear in to the background, eclipsed by the constant noise and disruptions that permeate our lives. However, set within the pages of **Group Therapy Progress Note Example** an enchanting literary treasure full of organic thoughts, lies an immersive symphony waiting to be embraced. Constructed by a masterful composer of language, this captivating masterpiece conducts viewers on a mental journey, skillfully unraveling the concealed songs and profound affect resonating within each cautiously constructed phrase. Within the depths of this poignant examination, we shall examine the book is central harmonies, analyze its enthralling publishing model, and surrender ourselves to the profound resonance that echoes in the depths of readers souls.

<https://blog.gospelcrusade.org/About/detail/default.aspx/Gradepractical%20Paper3%20Life%20Sciences.pdf>

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