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# Study Guide Answer Key

## CHAPTER 1: CARING FOR MEDICAL-SURGICAL PATIENTS

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### SHORT ANSWER

- Answers will depend on student preference for a work environment.
- Promote and maintain health
  - Prevent disease and disability
  - Assist with rehabilitation
  - Assist the dying patient to the best quality of life possible
- Attain healthy, thriving lives, and well-being free of preventable disease, disability, injury, and premature death
  - Eliminate health disparities, achieve health equity, attain health literacy to improve the health and well-being of all
  - Create social, physical, and economic environments that promote attaining full potential for health and well-being for all
  - Promote healthy development, healthy behaviors, and well-being across all life stages
  - Engage leadership, key constituents, and the public across multiple sectors to take action and design policies that improve the health and well-being of all

### Nursing Roles and Responsibilities

- Caregiver
  - Educator
  - Collaborator
  - Advocate
  - Leader
  - Delegator
- Right task
  - Right circumstances
  - Right person
  - Right direction and communication
  - Right supervision and evaluation
- Provide patient-centered care
  - Collaborate with the interdisciplinary health-care team
  - Implement evidence-based practice
  - Use quality improvement in patient care
  - Use informatics in patient care
- Any *five* of these followings:
  - Teach about basic hygiene and nutrition in the context of health promotion
  - Reinforce what the RN or health-care provider teaches regarding diagnostic tests and treatments
  - Teach how to take prescribed medication and what side effects to report
  - Teach self-care activities necessary to promote rehabilitation and independence
  - Inform regarding lifestyle changes that may be required
  - Reinforce discharge instructions
  - Provide information about community resources and self-help groups

### COMPLETION

- Communication; documentation; electronic data access; and data utilization
- Capitation
- Advocate
- Standards for care
- Cost containment

### SHORT ANSWER

#### Dealing with Different Patient Behaviors

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**Minjie Lin**



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