

# EMERGENCY AND DISASTER NURSING

## ISSUES IN EMERGENCY NURSING CARE

- Documentation of Consent and Privacy**
  - to examine and treat the patient → part of the ED.
  - give consent for invasive procedures (angiography, lumbar puncture)
  - unless: unconscious, in critical condition, unable to make decisions
  - SO and NEXT OF KIN may decide
  - No SO: Emergency Departments are **REQUIRED** to provide treatment aimed at stabilizing each pt's condition
  - DOCUMENT** (hallmark) – pt condition, fact that no SO is present
  - further document: monitoring of pt's condition, treatments give and the time they were given
- Limiting Exposure to Health Risks**
  - Increasing numbers of pt's with Hepatitis, HIV, PTB, other infectious diseases.
  - All emergency HCP must adhere strictly to standard precautions for minimizing exposure.
- Violence in the Emergency Department**
  - Pts and families arriving in the ER have feelings of agitation, fear, panic and are often channeled violently
  - SAFETY is the first PRIORITY**
- Providing Holistic Care**
  - sudden injury or illness are often overwhelmed by anxiety
  - Experiences several stages of crisis: anxiety → denial → remorse and guilt → anger → grief → and reconciliation.
  - Initial Goal: Anxiety Reduction → therapeutic communication
  - SAFETY is of prime importance.**

## PRINCIPLES OF EMERGENCY CARE

- By definition, **EMERGENCY CARE** is care that must be rendered without **DELAY**. In an ED, several patients with diverse health problems – some life-threatening, some not – may present to the ED simultaneously. One of the first principles of Emergency care is **TRIAGE**.

### 1. TRIAGE

- French word: "**Trier**" – to sort
- Triage is used to sort patients into groups based on the severity of their health problems and the immediacy with which these problems must be treated.
- severity: how life threatening
- immediacy: does condition require immediate treatment

#### 1. Simple

- Within 60 seconds, external scene
- Only consider patient status
- Simple Triage and Rapid Treatment

#### Main Groups:

- Respiration – airway/breathing
- Perfusion – circulation – bloodfluid
- Mental status

#### 2. Advanced

- Consider patient status and resources

**TRIAGE** is an advanced skill. Emergency nurses spend many hours learning to classify different illnesses and injuries to ensure that patients most in need of care do not needlessly wait. The goal of all **TRIAGE** is rapid assessment and rapid decision making preferably under 5 minutes.

### TYPES:

- Internal** – hospital, structured, (+) resources, focus is definitive care, priority is sickest>well
  - Black>Red>Yellow>Green
- External** – pre-hospital, unstructured, limited resources, focus is first aid, priority is high survival over low survival
  - Know the number of patients = resources
  - Red>Yellow>Green>Black
- Disaster** – reverse triage. Massive, military scenario, obsolete resources, priority is most stable.
  - Utilitarianism** – greatest good for the greatest number
  - WAR and NATURAL DISASTERS
  - Green>Yellow>Red>Black

Always know the place first! If internal, external or disaster

### PRIORITIZATION

- Adult** – ABCD, if with Cardiac Arrest = Compression
  - Airway or CPR = Airway need muna patent airway before CPR
  - Airway or Compression = Compression
  - Check the signs and symptoms: Expected and Unexpected
- Pedia** – danger signs: convulsion, unable to feed, vomits everything and abnormally sleepy then ABC
- Geria** – confusion (safety)
- Psych** – Physio > Psycho

### COLOR CODING

Case	Time	Tier	External	Example
Life threatening, ABCD, low survival	Immediate	Emergent	Black	Unresponsive with unstable VS, Cardiac arrest, Cervical SCI, fixed/unequal pupils, bloodfluid loss > 60%
LT condition, high survival	15-30 min	Emergent	Red	Chest pain, chest injuries, blood loss > 40-60%, SCI below cervical, unresponsive with stable VS, flail bone fracture
Non LT, but treatment needed ASAP	<2 hours	Urgent	Yellow	Stable head/eyes/ear/nb/dorsal injuries, bloodfluid loss < 40%, long bone fractures
NLT, treatment non ASAP	<24 hours	Non urgent	Green	Sprain, Stain, minor cuts or bruises

### TRIAGE PRINCIPLES

- Justice** – most important in triage and disaster. Used in prioritization of care. Fairness in allocation of limited resources
- Utilitarianism** – greater good for greatest number
- Non maleficence**
- Beneficence**
- Autonomy** – waived for emergency. Paternalism – authority to decide for another in emergency situations

### GOOD SAMARITAN LAW

- Rescuers na health care worker or may proper training
- Legal immunity
- Cannot be sued or nullified
- Should be established that there is emergency
- Nobody can render care at that time
- Should activate EMS
- Voluntary action: bystander rescue
- Gross negligence – liable

# Emergency Nursing Guide

**Jennifer R. Buettner**



## **Emergency Nursing Guide:**

Emergency Nursing Procedures E-Book Jean A. Proehl, 2008-01-24 Written by expert emergency nurses across the country EMERGENCY NURSING PROCEDURES 4th Edition includes 193 step by step emergency procedures including four new procedures umbilical vessel cannulation pelvic splinting peripheral nerve stimulator twitch monitoring and methotrexate for ectopic pregnancy Detailed illustrations visually reinforce techniques and clearly show steps to procedures making this handbook an essential and comprehensive resource for any emergency professional Includes pediatric and geriatric information with procedures when appropriate to help you treat these specialized patient populations Consistent format and handy portable size make this handbook ideal for everyday quick reference Emphasis on research based practice helps you provide the best care possible according to the latest evidence Focused on the most essential practical information this handbook provides all the information you ll need on a day to day basis Introduction includes The Joint Commission s latest patient safety requirements related to emergency procedures Thoroughly updated content reflects changes in practice to keep you up to date on emergency care guidelines Four procedures have been added umbilical vessel cannulation pelvic splinting peripheral nerve stimulator twitch monitoring and methotrexate for ectopic pregnancy Redesigned index allows for easy access and retrieval of information perfect for the fast paced emergency environment *Fast Facts for the ER Nurse, Fourth Edition* Jennifer Buettner, Jennifer R. Buettner, 2021-04-05 This bestselling resource has successfully prepared thousands of ER nurses to provide safe effective and high quality care to their patients This new edition is updated with guidelines from the American Heart Association Neonatal Resuscitation Program American Stroke Association Emergency Nursing Pediatric Course and Trauma Nurse Core Course This guide presents the most current information on medications street drugs the opioid crisis and intraosseous access Chapters are replete with new case studies updated photos and time tested tips This Fast Facts guide is written in bullet point format and is alphabetically organized by disease and disorder within each body system to emphasize easy access and at a glance viewing All chapters list relevant materials equipment and drugs and each diagnosis includes its definition causes signs and symptoms and interventions Helpful appendices display common abbreviations and lab values EKG rhythms frequently used medications and updated alphabetized skills checklists for self examination New to the Fourth Edition New content on administering Alteplase coronaviruses decompression sickness high altitude illness human trafficking influenza lightning injuries osteomyelitis parasitic and insect infestations post birth warning signs post cardiac arrest care rhabdomyolysis status asthmaticus and triage legal issues Updates on infectious disease emergencies disaster response emergencies environmental emergencies and OB GYN emergencies New information on fluid and electrolyte imbalance Shock and Multisystem Trauma divided into two expanded chapters Updated with useful tricks of the trade and survival tips New knowledge on street drugs including vaping concentrated marijuana and the opioid crisis Key Features Educates new ER nurses and their preceptors on the most common injuries and illnesses they will

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processes and practices triage nurses use daily Chapters address core elements of triage such as patient point of entry acuity scales and red flag patient presentations and how to handle them coordination and communication with other health care team members and documentation The book offers practical information on triage for emergency department and urgent care settings with useful tips for both triage orientees and preceptors It addresses care considerations for specialized populations including geriatric and pediatric patients The text supplies essential information on teaching and learning principles and the fostering of critical thinking skills and covers such topics as compassion fatigue customer service legal concerns core measures and patient and staff safety Trends in triage nursing such as electronic medical record considerations provider in triage and advanced triage protocols are included Information is organized in brief bulleted bites for knowledge at a glance and Fast Facts in a Nutshell boxes reinforce key concepts Key Features Provides essential guidance for key procedures and protocols in an easy to read easy to access format Offers practical triage information with a focus on emergency department and urgent care settings Focuses on processes critical thinking and the legal aspects of triage Includes care considerations for specific patient populations Incorporates advice from seasoned emergency department nurses and triage educators

*Fast Facts for the Triage Nurse, Second Edition* Lynn Sayre Visser, Anna Sivo Montejano, 2018-12-17 Emergency Nurses Association Media Award Media Award Fast Facts for the Triage Nurse An Orientation and Care Guide 2nd Edition Lynn Sayre Visser MSN RN PHN CEN CPEN and Anna Montejano DNP RN PHN CEN of California <https://www.ena.org/press-room/2019/06/13/former-ena-president-receives-emergency-nurses-association-s-most-prestigious-award> 1st Edition Winner of the AJN Book of the Year Award for Emergency Critical Care Nursing This authoritative orientation guide for new and seasoned nurses preceptors educators management teams urgent care staff pre hospital personnel and anyone working in the triage arena presents essential information to access quickly and repeatedly Patients rarely present to triage with a diagnosis but rather convey a multitude of complaints signs and symptoms It is the job of the triage nurse to identify serious red flag presentations hidden among all this information while delivering individualized care and juggling wait times in often overcrowded emergency departments Fast Facts for the Triage Nurse Second Edition retains its key focus on numerous aspects of triage for emergency department and urgent care settings from orientation to front end processes to clinical practice and nursing essentials With real life examples the chapters detail a multitude of clinical presentations and include procedures and protocols that the triage nurse implements in daily practice This newly revised and updated edition covers how to build confidence in the triage role accurately assess patient presentations reduce personnel and hospital liability increase patient and staff satisfaction and ultimately deliver quality patient care that supports best outcomes 5 New Chapters in the Second Edition Active Shooter Active Violence Emergency Management for When Disaster Strikes Triage Competency Pain Management Endocrine Emergencies Key Features Covers essential clinical information in an easy to read format Focuses on processes patient and staff safety legalities documentation

and critical thinking at triage Addresses specific patient populations including pediatric older adult human trafficking military personnel and more Offers guidance from seasoned emergency department nurses and triage educators

*Emergency Nursing* Janet Gren Parker,1984      **Handbook of Clinical Nursing: Critical and Emergency Care Nursing** Ronald Hickman,Joyce J. Fitzpatrick,Celeste M. Alfes,2018-02-28 Designed for recently graduated RNs and nurses transitioning to a new clinical area this extensive clinical reference is the best resource to provide essential information on the critical care and emergency care specialty areas Concise and practical entries provide fundamental coverage of the most common clinical problems and issues encountered in nursing practice today Alphabetized for easy access each entry includes a definition and description of the clinical problem etiology clinical aspects such as assessment nursing interventions management and implications and outcomes Each entry focuses on the role of the nurse throughout the treatment process and discusses the role of other health care providers with a focus on multidisciplinary treatment Handbook of Clinical Nursing Critical and Emergency Care will be of value to nursing faculty undergraduate and graduate level nurses and nursing students at all levels Entries from this text have been selected from the larger resource A Guide to Mastery in Clinical Nursing The Comprehensive Reference Key Features Provides essential information on clinical topics pertinent to the critical care and emergency care specialties Offers key knowledge for nurses new to practice or working in an unfamiliar nursing area Presented in a consistent format for ease of use Includes an overview of each specialty area Focuses on the role of the nurse throughout the treatment process Written and edited by expert clinicians and educators      **The Handbook of Emergency Nursing Management** Linda Buschiazzo,1987      **Sheehy's Emergency Nursing** Emergency Nurses Association,2019-08-15 Selected for Doody's Core Titles 2024 in Emergency Care Written by emergency nurses for emergency nurses Sheehy's Emergency Nursing Principles and Practice 7th Edition covers the issues and procedures unique to the emergency department This comprehensive evidence based resource is written by the Emergency Nurses Association and includes developments and changes in clinical practice that are incorporated throughout the text Considered the go to guide for issues and procedures unique to the emergency department the user friendly format features more than 150 high quality illustrations and tables that highlight essential concepts and offer quick access to vital information New to this edition is updated key coverage including clinical fundamentals treatment for trauma and medical surgical emergencies the foundations of emergency nursing practice special populations and more Written by the Emergency Nurses Association ensuring this is the most accurate information on the market Most comprehensive and authoritative text available on emergency nursing Logically organized chapters are grouped into six sections for quick access to important content Foundations of Emergency Nursing Professional Practice Clinical Foundations of Emergency Nursing Major Trauma Emergencies Medical and Surgical Emergencies and Special Patient Populations Tables and boxes highlight and summarize critical and essential information while 150 illustrations help you to quickly identify and treat frequently encountered

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thorough ER guide ensuring a structured approach to orientation All new ER nurses and their preceptors will find this book to be a reference they cannot do without Key topics covered include Cardiovascular Emergencies Disaster Response Emergencies Infectious Disease Emergencies Mental Health Emergencies Shock and Multisystem Trauma Emergencies Substance Abuse and Toxicologic Emergencies And many more **Oxford Handbook of Emergency Nursing** Robert Crouch OBE, Alan Charters, Mary Dawood, Paula Bennett, 2016-11-03 Emergency nursing requires rapid assessment and decision making Often nurses are required to make sense of considerable amounts of information and act on it The Oxford Handbook of Emergency Nursing provides an essential resource when time is short and the need for practical clinical guidance is paramount This second edition has been fully updated to reflect new guidelines and approaches which have impacted emergency nursing in recent years This handbook provides clear focussed information that will aid all areas of patient assessment and management in emergency care The concise format will enable the reader to quickly locate the information needed and provides alerts regarding critical must dos for ill adults and children The skills section provides a quick summary of the many clinical skills needed in emergency care ideal as an introduction for the uninitiated and as a refresher for skills performed infrequently Additionally this second edition has been expanded to cover nursing in major trauma and emergencies in the elderly This handbook will empower nurses to deliver excellence in emergency care Written by practising nurses and subject experts the Oxford Handbook of Emergency Nursing is a unique and invaluable companion for qualified and student nurses and to all health care professionals working in the emergency care setting *Emergency Nursing Care The Complete Guide* Alexandre Carewell, 2023-11-03 Dive into the heart of the hospital s most dynamic department the emergency department Discover a lively account that authentically reveals the central role of the nurse From the history of the emergency department to the day to day challenges involved not forgetting the technical mastery of medical tools this book offers a complete immersion in a world where every second counts There s no need for useless blah blah blah this book is a comprehensive guide with very precise instructions so that you know everything and don t get lost For students it s a gateway to a complex and fascinating reality punctuated by poignant stories medical victories and moments of pure humanity For seasoned professionals it offers food for thought on current practices technological developments and the ethical issues of tomorrow Through vibrant stories case studies cutting edge medical techniques and moving testimonials this book illustrates the crucial importance of the synergy between the nurse the patient and the entire medical team It also tackles essential subjects such as prevention continuing education ethics and even telemedicine This book is not just a guide it is a celebration of the nursing profession in all its richness diversity and dedication A must read for anyone who wants to understand learn or simply marvel at the daily challenge of the emergency department

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