

MED SURG II – MASTER HESI REVIEW

6) Blood in stool

- Melena = black, tarry stools (often foul smelling) caused by digestion of blood in the GI tract. Black appearance is from the presence of iron.
- Occult bleeding = small amounts of blood in gastric secretions, vomitus, or stools not apparent by appearance. Detectable by guaiac test.
- Could be indication of an upper GI bleed
- Hemorrhoids are the most common reason for bleeding with defecation
 - Focus on pain control and promote wound healing
 - Sitz bath 1 to 2 days after surgery and continue for 1 to 2 weeks
 - Teach the pt importance of diet, care of the anal area, symptoms of bleeding complications, and avoidance of constipation and straining

7) CVA (focus on vision issues)

- Cerebral vascular accident / Stroke
- Treat as medical emergency
- Know FAST (Facial drooping, Arm weakness, Speech difficulties, Time)
- Sudden trouble seeing in one eye should be reported immediately for indication of a CVA
- Women who experience migraine with aura are at an increased risk for stroke.

8) Acute kidney injury

- Slight deterioration in function to severe impairment
- Rise in serum creatinine and/or a reduction in urine output, and sometimes leads to development of azotemia (accumulation of nitrogenous waste products in the blood)
- Hospitalized patients develop AKI at a high rate and have a high mortality rate
- Common causes:
 - Prerenal: Hypovolemia, Decreased Cardiac Output, Decreased Peripheral Vascular Resistance, Decreased Renovascular Blood Flow
 - Intrarenal: Nephrotoxic injury, Interstitial Nephritis
 - Postrenal: BPH, bladder cancer, calculi formation, trauma
- Clinical manifestations:
 - Urinary changes – oliguria
 - Hypovolemia
 - Metabolic Acidosis
 - Sodium balance
 - Potassium excess
 - Hematologic disorders
 - Waste product accumulation
 - Neurologic disorders
- Diagnostic studies:
 - H&P
 - Identification of precipitating cause
 - Serum creatinine and BUN levels
 - Electrolytes
 - Urinalysis
 - Renal Ultrasound
 - Renal scan
 - CT scan
- Primary treatment is to eliminate the cause, manage the signs and symptoms and prevent complications while the kidneys recover

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BM King



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