

Life Fitness

1.32 146 137



- Program Preset
- Manual Preset
- Manual
- Manual Set
- Manual Test

WARNING
Read the instructions carefully before using this machine.
Do not use this machine if you are pregnant, have a heart condition, or are recovering from surgery or injury.
Always use proper form and technique when using this machine.
Do not use this machine if you are under the influence of alcohol or drugs.
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Handheld control console with the following features:

- Start/Stop button (red)
- Play/Pause button (green)
- Stop button (red)
- Speed buttons: 2 mph, 4 mph, 8 mph
- Directional arrows (up, down, left, right)
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Life Fitness 95t User Manual

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