

FUNDAMENTALS OF NURSING

NURSING PROCEDURES

1. Steam Inhalation

- it is dependent nursing function.
- Heat application requires physician's order.
- Place the spout 12-18 inches away from the client's nose or adjust the distance as necessary.

2. Suctioning

- Assess the lungs before the procedure for baseline information.
- Position: conscious - semi-Fowler's
- Unconscious - lateral position
- Size of suction catheter- adult- fr 12-18
- Hyper oxygenate before and after procedure
- Observe sterile technique
- Apply suction during withdrawal of the catheter
- Maximum time per suctioning -15 sec

3. Nasogastric Feeding (gastric gavage)

Insertion:

- Fowler's position
- Tip of the nose to tip of the earlobe to the xyphoid

Tube Feeding

- Semi-Fowler's position
- Assess tube placement
- Assess residual feeding
- Height of feeding is 12 inches above the tube's point of insertion
- Ask client to remain upright position for at least 30 min.
- Most common problem of tube feeding is Diarrhea due to lactose intolerance

4. Enema

- Check MD's order
- Provide privacy
- Position left lateral
- Size of tube Fr. 22-32
- Insert 3-4 inches of rectal tube
- if abdominal cramps occur, temporarily stop the flow until cramps are gone.
- Height of enema can - 18 inches

5. Urinary Catheterization

- Verify MD's order
- Practice strict asepsis
- Perineal care before the procedure
- Catheter size: male-14-16 , female - 12 - 14
- Length of catheter insertion
male - 6-9 inches ,female - 3-4 inches

For retention catheter:

- Male -anchor laterally or upward over the lower abdomen to prevent penoscrotal pressure
- Female- inner aspect of the thigh

TYPES OF OSTOMIES

a. Ileostomy

- Liquid to semi-formed stool, dependent upon amount of bowel removed
- May skew fluid & electrolyte balance, especially potassium & sodium
- Digestive enzymes in stool irritate skinDo NOT give laxatives
- Ileostomy lavage may be done if needed to clear food blockage
- May not require appliance set: if continent ileal reservoir or Koch pouch

b. Colostomy

- Ascending-must wear appliance--semi-liquid stool
- Transverse-wear appliance--semi-formed stool
- Loop stoma
 - ✓ Proximal end-functioning stoma
 - ✓ Distal end-drains mucous
 - ✓ Plastic rod used to keep loop out
 - ✓ 1 to 2 inch tamponade

Foundation Of Nursing Study Guide Answer Key

RJ Alexander



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