

PSYC-101 - General Psychology – Midterm Exam Study Guide

Text: *Psychology in Your Life*

Chapter 1: Introducing the World of Psychology

After reading and studying this topic, you should be able to do the following:

- Define psychology
- Compare and contrast the following approaches to psychology and identify contributions of each approach: Psychoanalytic, Cognitive, Humanistic, and Behaviorism.
- Describe the *five* steps used in the Scientific Method.
- Discuss the importance of critical thinking in Psychology
- Distinguish between a theory and hypothesis.
- Discuss the advantages and limitations of the Descriptive methods: case study, self-reports, and observational.
- Describe the advantages and disadvantages of correlational research methods.
- Describe experimental methods and discuss advantages and disadvantages of this method.
- Define the dependent and independent variables in an experiment
- Explain the purpose of random assignment and distinguish between the experimental group and the control group in an experiment. 1.11
- Discuss the purpose of the Institutional Review Board (IRB) in dealing with ethical concerns in research including informed consent and protection from harm.

Chapter 2: The Role of Biology in Psychology

After reading and studying this topic, you should be able to do the following:

- Be able to describe the structures of a neuron (axon, cell body, dendrite, terminal buttons)
- Define synapse and explain the importance of neurotransmitters in sending messages.
- Briefly describe the peripheral and central nervous systems.
- Define the influence of drugs that are agonists and drugs that are antagonists on neurotransmitters (you do not have to know the functions of individual neurotransmitters like Dopamine now)
- Briefly describe what techniques are used to study the brain in modern brain research: EEG, fMRI, TMS
- Describe the role of the hindbrain and midbrain
- Explain the functions of the hypothalamus, hippocampus, and amygdala
- Describe the major functions of the occipital, parietal, frontal, and temporal lobes.
- Explain the function of the prefrontal cortex
- Define the general purpose of the sympathetic and parasympathetic divisions of the autonomic nervous system and the endocrine system
- Define plasticity of the brain.
- Discuss the nature/nurture issue and how genes and the environment influence humans

Chapter 6: Learning

After reading and studying this topic, you should be able to do the following:

- Define learning
- Describe the primary difference between habituation and sensitization.
- Define classical conditioning and be able to apply terms like unconditioned stimulus (US), unconditioned response (UR), conditioned stimulus (CS), conditioned response (CR), extinction, spontaneous recovery, generalization and discrimination.
- Describe the difference between an operant and a reinforcer
- Describe Thorndike's *law of effect*
- Define operant conditioning and be able to apply terms like positive reinforcement, negative reinforcement, positive punishment, negative punishment, and shaping to an example

General Psychology Psy2midterm Study Guide

AW Rasmussen



General Psychology Psy2midterm Study Guide:

The book delves into General Psychology Psy2midterm Study Guide. General Psychology Psy2midterm Study Guide is a crucial topic that needs to be grasped by everyone, ranging from students and scholars to the general public. This book will furnish comprehensive and in-depth insights into General Psychology Psy2midterm Study Guide, encompassing both the fundamentals and more intricate discussions.

1. This book is structured into several chapters, namely:
 - Chapter 1: Introduction to General Psychology Psy2midterm Study Guide
 - Chapter 2: Essential Elements of General Psychology Psy2midterm Study Guide
 - Chapter 3: General Psychology Psy2midterm Study Guide in Everyday Life
 - Chapter 4: General Psychology Psy2midterm Study Guide in Specific Contexts
 - Chapter 5: Conclusion
2. In chapter 1, this book will provide an overview of General Psychology Psy2midterm Study Guide. The first chapter will explore what General Psychology Psy2midterm Study Guide is, why General Psychology Psy2midterm Study Guide is vital, and how to effectively learn about General Psychology Psy2midterm Study Guide.
3. In chapter 2, the author will delve into the foundational concepts of General Psychology Psy2midterm Study Guide. The second chapter will elucidate the essential principles that must be understood to grasp General Psychology Psy2midterm Study Guide in its entirety.
4. In chapter 3, this book will examine the practical applications of General Psychology Psy2midterm Study Guide in daily life. This chapter will showcase real-world examples of how General Psychology Psy2midterm Study Guide can be effectively utilized in everyday scenarios.
5. In chapter 4, the author will scrutinize the relevance of General Psychology Psy2midterm Study Guide in specific contexts. This chapter will explore how General Psychology Psy2midterm Study Guide is applied in specialized fields, such as education, business, and technology.
6. In chapter 5, this book will draw a conclusion about General Psychology Psy2midterm Study Guide. This chapter will summarize the key points that have been discussed throughout the book.
The book is crafted in an easy-to-understand language and is complemented by engaging illustrations. It is highly recommended for anyone seeking to gain a comprehensive understanding of General Psychology Psy2midterm Study Guide.

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