

Lab Report – Skeletal Muscle

In science, reporting what has been done in a laboratory setting is incredibly important for communicating, replicating, and validating findings. However, writing scientific reports can be a little overwhelming. There are a set of agreed upon components that the scientific community requires when reporting scientific research. Answer the following questions to describe what occurred during the lab you conducted in Labster. Be sure to use complete sentences and descriptions that fully represent what you experienced. Writing a lab report is less about being correct or incorrect, than it is accurately reporting what happened and why. So, do not worry about reporting data that might seem counterintuitive or unexpected. Focus on clearly communicating what you did and what you observed.

Enter your responses on a new line.

Title

1. What was the title of the lab you completed?

The Skeletal Muscle Lab

Topic

2. What was the subject you were trying to understand better in the lab?

I was learning more in-depth information on the muscles we use to walk and run.

Background Information

3. What information from the textbook and classroom is relevant for the subject you were learning about in the lab? Identify the concepts and explain how they are related to the lab topic.

In order to understand many aspects of this lab, we need a good understanding of muscle tissues. During contraction, muscle cells can shorten, which generates a pulling force. As a result of this contraction, the bones move. Skeletal muscle fibers cause bone motion, maintain posture, stabilize bones, control internal movement, and generate heat. Muscle fiber types are also discussed in the book. The three mechanisms of ATP regeneration are anaerobic glycolysis, aerobic metabolism, and creatine phosphate. The three types of muscle fibers are slow oxidative, fast oxidative and fast glycolytic. A slow oxidative fiber uses aerobic metabolism to produce high power contractions with little fatigue over an extended period. A fast oxidative fiber utilizes aerobic metabolism to produce ATP but produces a higher tension contraction than a slow oxidative fiber. Lastly, fast glycolytic fibers use anaerobic metabolism to produce more high-tension contractions but fatigue quickly.

Labratory Report 18 Skeletal Muscle Structure

Puja Mehta

A decorative graphic element consisting of a light blue horizontal bar with a rounded right end, and a red-to-white gradient semi-circle overlapping the right side of the bar.

Laboratory Report 18 Skeletal Muscle Structure:

Laboratory Manual for Hole's Human Anatomy and Physiology PHILLIP. MARTIN SNIDER (TERRY.),2021 *Laboratory Manual to Accompany Human Anatomy and Physiology* John W. Hole,1984 Part - Anatomy & Physiology Laboratory Manual - E-Book Kevin T Patton, PhD,2014-12-02 Effectively master various physiology dissection identification and anatomic explorations in the laboratory setting with the *Anatomy Physiology Laboratory Manual 9th Edition* This practical full color lab manual contains 55 different A P lab exercises that cover labeling anatomy identification dissection physiological experiments computerized experiments and more The manual also includes safety tips a comprehensive instruction and preparation guide for the laboratory and tear out worksheets for each of the 55 exercises In addition 8 e Lab modules offer authentic 3D lab experiences online for virtual lab instruction 8 interactive eLabs further your laboratory experience in the digital environment Complete list of materials for each exercise offers a thorough checklist for planning and setting up laboratory activities Over 250 illustrations depict proper procedures and common histology slides Step by step guidance for dissection of anatomical models and fresh or preserved specimens with accompanying illustrations helps you become acclimated to the lab environment Physiology experiments centering on functional processes of the human body offer immediate and exciting examples of physiological concepts Easy to evaluate tear out lab reports contain checklists drawing exercises and questions that help you demonstrate your understanding of the labs they have participated in Reader friendly spiral binding allows for hands free viewing in the lab setting Labeling and coloring exercises provide opportunities to identify critical structures examined in the lab and lectures Brief learning aids such as Hints Landmark Characteristics and Safety First are found throughout the manual to help reinforce and apply knowledge of anatomy and function Modern anatomical imaging techniques such as MRIs CTs and ultrasonography are introduced where appropriate Boxed hints and safety tips provide you with special insights on handling specimens using equipment and managing lab activities UPDATED Fresh activities keep the manual current and ensure a strong connection with the new edition of the A P textbook NEW Updated illustrations and design offer a fresh and upbeat look for the full color design and learning objectives NEW Expanded and improved student resources on the Evolve companion website include a new version of the *Body Spectrum* electronic coloring book **Anatomy & Physiology Laboratory Manual and E-Labs E-Book** Kevin T. Patton,2018-01-24 Using an approach that is geared toward developing solid logical habits in dissection and identification the *Laboratory Manual for Anatomy and coloring exercises* offer a kinesthetic experience useful in retention of content User friendly spiral binding allows for hands free viewing in the lab setting Step by step dissection instructions with accompanying illustrations and photos cover anatomical models and fresh or preserved specimens and provide needed guidance during dissection labs The dissection of tissues organs and entire organisms clarifies anatomical and functional relationships 250 illustrations including common histology slides and depictions of proper procedures accentuate the lab manual s usefulness by providing

clear visuals and guidance Easy to evaluate tear out Lab Reports contain checklists drawing exercises and questions that help you demonstrate your understanding of the labs you have participated in They also allow instructors to efficiently check student progress or assign grades Learning objectives presented at the beginning of each exercise offer a straightforward framework for learning Content and concept review questions throughout the manual provide tools for you to reinforce and apply knowledge of anatomy and function Complete lists of materials for each exercise give you and your instructor a thorough checklist for planning and setting up laboratory activities allowing for easy and efficient preparation Modern anatomical imaging techniques such as computed tomography CT magnetic resonance imaging MRI and ultrasonography are introduced where appropriate to give future health professionals a taste for and awareness of how new technologies are changing and shaping health care Boxed hints throughout provide you with special tips on handling specimens using equipment and managing lab activities Evolve site includes activities and features for students as well as resources for instructors

Skeletal Muscle Structure, Function, and Plasticity Richard L. Lieber, 2002 In its Second Edition this text addresses basic and applied physiological properties of skeletal muscle in the context of the physiological effects from clinical treatment Many concepts are expanded and recent studies on human muscle have been added This new edition also includes more clinically relevant cases and stories A two page full color insert of muscle sections is provided to ensure integral understanding of the concepts presented in the text Anyone interested in human movement analysis and the understanding of generation and control from the musculoskeletal and neuromuscular systems in implementing movement will find this a valuable resource

Human Anatomy and Physiology John W. Hole, 1990 **Essentials of Human Anatomy** John W. Hole, 1992 *Anatomy & Physiology Laboratory Manual* Kevin T. Patton, 2007 It s an ideal companion for Thibodeau and Patton s *Anatomy and Physiology Sixth Edition* as well as any standard anatomy and physiology textbook

BOOK JACKET **Anatomy and Physiology** Harold J. Benson, Stanley E. Gunstream, Arthur Talaro, Kathleen P. Talaro, 1999-06 Suitable for introductory two semester anatomy and physiology students this laboratory manual includes explanations of useful information It features step by step procedures for each exercise which are accompanied by illustrations and labeling exercises

Anatomy and Physiology in Focus Stephen G. Davenport, 1993-08 *Explorations in Basic Biology* Stanley E. Gunstream, John Stanley Babel, 1972 **Laboratory Animal Science**, 1998 **Scientific and Technical Aerospace Reports**, 1992-06 *Biomechanics of the Musculo-Skeletal System* Benno M. Nigg, W. Herzog, 1999-01-25 *Biomechanics of the Musculo skeletal System Second Edition* Edited by Benno M Nigg and Walter Herzog Human Performance Laboratory The University of Calgary Alberta Canada This thoroughly updated and revised edition of Benno Nigg s and Walter Herzog s widely read 1994 book presents a unique and comprehensive account of the mechanics of the neuro musculo skeletal system Geared towards students and researchers of biomechanics the book covers key areas including the properties of biomaterials common measuring techniques and modelling Whilst retaining the overall structure

of the original edition this second edition incorporates Extensive use of questions and answers for students at the end of sections A new chapter covering the effects of age exercise and immobility Greatly expanded treatment of bone cartilage ligaments and tendons Increased treatment of energy considerations and simulation More thorough discussions of muscle and joints Once again this well organized and authoritative book provides a comprehensive treatment of all aspects of the musculo skeletal system It is an indispensable tool for undergraduate students in mechanics or physics medical students and graduate students in engineering exercise and sport science kinesiology and indeed for all those with an interest in the biomechanical aspects of the human or animal body From the reviews of the first edition The book is an absolute must for any biomechanics course and any department with an interest in biomechanics of the musculo skeletal complex Journal of Engineering in Medicine This book is a welcome addition to the field and I recommend it to all serious students of biomechanics American Society of Biomechanics

The Anatomy of Necturus Lionel J. Rosenzweig,1988 **Anatomy and Physiology Laboratory Textbook** Harold J. Benson,1989 Anatomy of the Cat Lionel J. Rosenzweig,1990

Archives of Pathology & Laboratory Medicine ,1997 **Quarterly Cumulative Index to Current Medical Literature** ,1920 *Quarterly Cumulative Index to Current Medical Literature. V. 1-12; 1916-26* ,1920

Unveiling the Magic of Words: A Report on "**Labratory Report 18 Skeletal Muscle Structure**"

In a global defined by information and interconnectivity, the enchanting power of words has acquired unparalleled significance. Their power to kindle emotions, provoke contemplation, and ignite transformative change is really awe-inspiring. Enter the realm of "**Labratory Report 18 Skeletal Muscle Structure**," a mesmerizing literary masterpiece penned by a distinguished author, guiding readers on a profound journey to unravel the secrets and potential hidden within every word. In this critique, we shall delve to the book is central themes, examine its distinctive writing style, and assess its profound impact on the souls of its readers.

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