

SP-1 SAMPLE STUDENT RESEARCH PAPER IN MLA FORMAT

Chauncey 1

↑ 1"
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 Shanna R. Chauncey
 Professor Chavez
 English 112
 5 January 2002

Traditional and Alternative: Health Care for the Future

indent 1/2" →

Personal anecdote creates interest and shows writer's purpose and connection to the topic. The public issue or thesis is clarified in second paragraph.

As a doctor's daughter I learned early how conventional medicine works. In my own home the topic of illness never came up except if one of us contracted strep throat, flu, or the occasional childhood disease such as mumps. We knew the procedure from that point—a look at our throat, the quick touch on our foreheads to determine whether we had a fever, and then the dreaded shot or pill. After that we spent a couple of days on the couch watching TV until we were no longer contagious. Although I knew my father was a highly respected and dedicated physician, I never got the feeling that he considered other factors that may or may not have contributed to our health. He openly scoffed at the mention of the few alternative approaches that somehow managed to enter the conversation at the dinner table, such as massage, chiropractic, or acupuncture. As I got older, I began to wonder at my father's philosophy of medicine, which I discovered represented the typical doctor's thinking in America. He seemed very knowledgeable about the scientific aspects of his field. He regularly attended medical conferences and he stayed abreast of the current advances. But it seemed to me that his scientific expertise was spent treating the symptoms of illness, through either medicine or surgery, not determining the ultimate causes.

The questioning of conventional medicine that I began as a young woman mirrors the current questioning of our whole society. According to a report compiled by Dr. David Eisenberg of Boston's Deaconness Medical Center, 40% of the adult population seeks alternative medical care, making more visits to these practitioners than to medical doctors (qtd. in Cowley and Underwood). It is no longer good enough for many of us to wait until we get sick to obtain the healing pill or surgical procedure. We don't feel as comfortable in the submissive role as patient receiving orders from an all-knowing physician. The time has come for conventional practitioners to include alternative therapies in their treatment plans, because alternative medicine addresses the public's desire for holistic care, prevention, and guidance in how to establish a healthy

First time an author is mentioned, give first and last name and some additional identifying information.

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