

# PSYC-101 - General Psychology – Midterm Exam Study Guide

## Text: *Psychology in Your Life*

### Chapter 1: Introducing the World of Psychology

*After reading and studying this topic, you should be able to do the following:*

- Define psychology
- Compare and contrast the following approaches to psychology and identify contributions of each approach: Psychoanalytic, Cognitive, Humanistic, and Behaviorism.
- Describe the *five* steps used in the Scientific Method.
- Discuss the importance of critical thinking in Psychology
- Distinguish between a theory and hypothesis.
- Discuss the advantages and limitations of the Descriptive methods: case study, self-reports, and observational.
- Describe the advantages and disadvantages of correlational research methods.
- Describe experimental methods and discuss advantages and disadvantages of this method.
- Define the dependent and independent variables in an experiment
- Explain the purpose of random assignment and distinguish between the experimental group and the control group in an experiment. 1.11
- Discuss the purpose of the Institutional Review Board (IRB) in dealing with ethical concerns in research including informed consent and protection from harm.

### Chapter 2: The Role of Biology in Psychology

*After reading and studying this topic, you should be able to do the following:*

- Be able to describe the structures of a neuron (axon, cell body, dendrite, terminal buttons)
- Define synapse and explain the importance of neurotransmitters in sending messages.
- Briefly describe the peripheral and central nervous systems.
- Define the influence of drugs that are agonists and drugs that are antagonists on neurotransmitters (you do not have to know the functions of individual neurotransmitters like Dopamine now)
- Briefly describe what techniques are used to study the brain in modern brain research: EEG, fMRI, TMS
- Describe the role of the hindbrain and midbrain
- Explain the functions of the hypothalamus, hippocampus, and amygdala
- Describe the major functions of the occipital, parietal, frontal, and temporal lobes.
- Explain the function of the prefrontal cortex
- Define the general purpose of the sympathetic and parasympathetic divisions of the autonomic nervous system and the endocrine system
- Define plasticity of the brain.
- Discuss the nature/nurture issue and how genes and the environment influence humans

### Chapter 6: Learning

*After reading and studying this topic, you should be able to do the following:*

- Define learning
- Describe the primary difference between habituation and sensitization.
- Define classical conditioning and be able to apply terms like unconditioned stimulus (US), unconditioned response (UR), conditioned stimulus (CS), conditioned response (CR), extinction, spontaneous recovery, generalization and discrimination.
- Describe the difference between an operant and a reinforcer
- Describe Thorndike's *law of effect*
- Define operant conditioning and be able to apply terms like positive reinforcement, negative reinforcement, positive punishment, negative punishment, and shaping to an example

# General Exam Study Guide

**Daniel F McAuley**



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