

# Manual Handling Risk Controls

## Elimination

- Reorganise layout of workplace to eliminate carrying, lifting or moving loads

## Substitution

- Decrease the weight of the load by splitting it into smaller loads

## Engineering Controls

- Use different work practices, lifting equipment or mechanical aids to reduce risk of injury

## Administrative Controls

- Change work practices so staff are not overworked and provide training in Safe Lifting & Handling Techniques

## PPE

- Provide Personal Protective Equipment like Gloves and Footwear

# Manual Handling Risk Controls

**JA Banks**



**Manual Handling Risk Controls:**

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