

# RELAPSE PREVENTION GUIDE

A hand is shown holding a small, torn piece of white paper against a light gray background. The paper has jagged, irregular edges, suggesting it was torn from a larger sheet. The word "Prevention" is written on the paper in a black, cursive script. The hand is positioned at the bottom of the frame, with fingers gripping the edges of the paper.

*Prevention*

# Guide For Relapse Prevention

**RC Schank**



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