

HUMAN GROWTH AND DEVELOPMENT BEP1102

INTRODUCTION TO HUMAN GROWTH AND DEVELOPMENT

INTRODUCTION

This part will deal with introductory concepts in regard to human growth and development, which encompasses human changes from conception to death covering:-

- Developmental psychology
- Child development.
- Lifespan of Human development.

We will look at definitions of the terms growth and development, followed by the relationship between growth and development, the principles of growth and development and the importance of studying human growth and development.

OBJECTIVES

By the end of this lesson, you should be able to :-

- a. Define the terms growth and development.
- b. Discuss the principles of growth and development.
- c. Explain the importance of studying human growth and development.

DEFINITION OF TERMS

Development

It is a progressive series of qualitative changes that occur in a predictable pattern as a result of the interaction between biological and environmental factors. It is a unique kind of change that is cumulative and occurs over time in a social context. For example language use, thought processing, reading skills, and peer relationships.

Growth

This is a progressive series of quantitative changes that occur in a lifespan of a human being. It runs parallel to human development. Examples of these quantitative changes include the physical change in weight and height. Thus these quantitative changes are measurable and observable (physical) during from infancy through to death.

Human Development

This is a branch of knowledge concerned with the nature and regulation of significant structural, functional and behavioural changes occurring in human as they develop in age and maturity. Structural growth refers to changes for instance in shape and size.

Functional changes relate to the ability of the various organs of the body for instance in regard to the speed of reaction, breathing, reading etc.

Behavioural changes refers to the function manifestation in behaviour for instance when we think before acting.

Human Growth And Development Topics For Papers

L Cohen



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