



ENDOCRINE SYSTEM

-all endocrine glands and hormone-secreting cells.

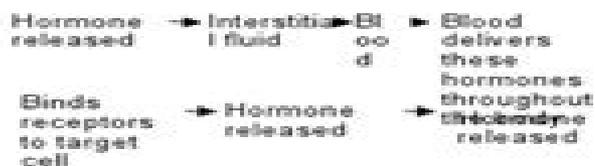
-hormones regulate metabolism and contribute to homeostasis by regulating the activity and growth of target cells in the body

-especially effective during puberty

- hormone - molecule released in one part of the body but regulates the activity of cell in other parts of the body.

Function of Hormones

1. Help regulate:
 - Chemical composition and volume of internal environment (extracellular fluid).
 - Metabolism and energy balance.
 - Contraction of smooth and cardiac muscle fibers.
 - Glandular secretions.
 - Some immune system activities.
2. Control growth and development.
3. Regulate operation of reproductive systems.
4. Help establish circadian rhythms.



I. Endocrine and Exocrine Glands

Exocrine Gland	Endocrine Gland
Outside	Interstitial fluid
Ducts	Blood, capillaries
Sudoriferous, Sebaceous, digestive	Vascular tissues, pituitary, thyroid, parathyroid, adrenal, pineal

Organs and tissues that secrete hormone

- Hypothalamus, pancreas, thalamus, testes, ovaries, kidneys, stomach, liver, small intestine, skin, heart, adipose tissues, placenta.

II. Classification of Hormones According to Chemical Composition

A. Lipid Soluble Hormones

Steroid	Thyroid	Nitric Oxide
cholesterol	Attaching iodine and tyrosine	hormone and neurotransmitter

B. Water Soluble Hormone

Amine	Peptide and Protein	Eicosanoid
Decarboxylating, retain an amino group	Amino acid polymers	Arachidonic acid
dopamine, histamine, serotonin, melatonin	Antidiuretic hormone, oxytocin, growth hormone, insulin (glycoprotein)	Prostaglandins and leukotrienes

Holes Endocrine System Study Guide

Joacim Rocklöv



Holes Endocrine System Study Guide:

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