



Sports, exercise and health science
Standard level
Paper 3

Tuesday 16 May 2017 (morning)

1 hour

Candidate session number

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Instructions to candidates

- Write your session number in the boxes above.
- Do not open this examination paper until instructed to do so.
- Answer all of the questions from two of the options.
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- The maximum mark for this examination paper is **[40 marks]**.

Option	Questions
Option A — Optimizing physiological performance	1 – 4
Option B — Psychology of sport	5 – 8
Option C — Physical activity and health	9 – 12
Option D — Nutrition for sport, exercise and health	13 – 15



Ib Sports Science Past Paper

Henry George Bohn



Ib Sports Science Past Paper:

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