

First Aid

Chapter 1 The Red Cross

- 1. Founder's name: Henry Dunant The founder of the Red Cross (first aid) on
Date: June 1859

Chapter 3 Check, Call, Care

- 1. Check the Person (Primary Assessment)

If the scene is safe, quickly check the person:

- 1) Check whether the person is responsive
- 2) Check the person's ABCs:
 - Airway
 - Breathing
 - Circulation

- 2. Life - threatening emergency

- Breathing
- Circulation
- Heavy Bleeding
- Shock

- 3. Checking ABCs

- A= Check the airway

Make sure the person has an open airway. If the person is speaking, crying etc., the person's airway is open.

If the person is unresponsive, perform a head-tilt/chin-lift by gently tilting the head back until the chin is pointing up.

- B= Check breathing

Check for normal breathing for 5-10 seconds. A person is breathing normally if air is moving into and out of the lungs and the chest is rising and falling in a normal, regular pattern. Someone who can speak or cry is breathing.

- C= Check circulation

Quickly look at the person from head to toe for signs of life-threatening bleeding.

- 4. Ask SAMPLE Question

Interview the ill or injured person and any bystanders at the scene using the acronym SAMPLE to guide your questions: (Secondary Assessment)

Signs and symptoms

Allergies

Final Exam Red Cross First Aid

Christian Drosten



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