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The  
Illustrated Guide  
to  
Extended  
Massive  
Orgasm

STEVE BODANSKY, PH.D.,  
and VERA BODANSKY, PH.D.

# Guide To Extended Orgasm

**Paul Joannides**



## **Guide To Extended Orgasm:**

**The Illustrated Guide to Extended Massive Orgasm** Steve Bodansky, Vera Bodansky, 2013-03-15 In this companion to their best selling book *Extended Massive Orgasm* Steve and Vera Bodansky give much more detail about the best hand and body positions for performing and receiving EMO More than 70 photographs and drawings illustrate genital anatomy and optimum positions for manually stimulating a partner And while the first book focused mainly on female sexual pleasure *The Illustrated Guide to Extended Massive Orgasm* covers new ground in the area of male arousal and orgasm The Bodanskys also highlight topics such as unknown erogenous zones the introitus and the hidden cock enhancing sensitivity the relationship between hand position and stroking communication how to ask for what you like and how to talk dirty Written for people of all sexual orientations this book is a playful tool for partners of any age wishing to explore new depths of sexual pleasure Orgasm is no longer just a fleeting moment but the beginning of lasting arousal that goes far beyond the bedroom

**The Lover's Guide to Extended Orgasm** Jean-Yves Desjardins, First Last, Nicole Audette, 2004-06-15 Every couple can learn to extend their sexual pleasure with the clinically tested techniques developed by Canadian physician and world renowned human sexuality expert Dr Jean Yves Desjardins Discover the easy to learn methods to increase your partners pleasure and build her arousal so she can reach a fully satisfying extended orgasm This program includes a unique combination of techniques that teach a man how to blend ancient and modern secrets to extend his endurance by controlling his breath properly positioning his body and varying the pace of lovemaking until the desired moment of ejaculation arrives All couples can learn to experience more satisfying orgasms with the uniquely effective techniques featured in this sensual guide to extended pleasure for men and women

**The Multi-Orgasmic Woman** Mantak Chia, Rachel Carlton Abrams, 2006-08-08 A holistic guide to female sexuality integrates the latest in Western medical research with the wisdom of the East to explain how any woman can enhance her pleasure in lovemaking and reach her full sexual potential Reprint 2000 first printing

**Extended Massive Orgasm** Steve Bodansky, Vera Bodansky, 2000 In this hands on guide to getting it right behavioral scientists Steve and Vera Bodansky describe how to give and receive remarkable orgasms taking the experience of sex to a new level of enjoyment While focusing primarily on women they address the needs of men as well Illustrations

**Guide to Getting it On!** Paul Joannides, 2000 More irreverent than ever the popular guide to fully understanding and enjoying sex has now been revised with new chapters such as Sex When You re Really Old When Sex Gets Boring and How to Be Cool When You re Not 65 illustrations

**Extending Orgasm** Myron Spirk, 2021-05-21 An extended orgasm is an orgasm that doesn't take the form of a peak or release but instead is an expanding long lasting orgasmic feeling felt throughout the body that can last for hours or even days This book exposes the most destructive male sexual myth namely that a man's best and most enjoyable option in sex is having the most explosive genital release possible It's not What most men are still not aware of is that a man's genital release is a negative phenomenon When men come unlike women they

lose vital life force energy This accounts for the loss of their erection the loss of sexual desire and their sleepiness after sex

**Male Multiple Orgasm** Somraj Pokras,2007-09-28 With its easy to follow program this book allows any man to master the technique of male multiple orgasm Doing so will increase his own sexual enjoyment while making him a better lover who can provide his partner with greater pleasure *Studies in Human Sexuality* Suzanne G. Frayser,1987 [The Ultimate Guide to Orgasm for Women](#) Mikaya Heart,2011-08-01 Owing our desires should be neither embarrassing nor uncomfortable Nor should they be subject to anyone else's moral judgment of what is right or wrong good or bad normal or abnormal Combining communication and information is the key By shrugging off the taboos against talking about our preferences and experiences when we're being sexual we will take the first and most important steps toward ensuring our own fulfillment *The Ultimate Guide to Orgasm for Women* is an unflinchingly honest responsible and thoroughly comprehensive exploration of female sexuality Topics include The physical types of orgasm such as electrical flying pounding deep waves and blips orgasm as an emotional release the elusive orgasm and why some women have difficulty having one how often we fake them and why masturbation multiple orgasms the male female dichotomy penetration and the G spot defining the erotic and the joy of sex toys **New Age Journal** ,1998 [Extended Massive Orgasm, Updated and Illustrated](#) Steve Bodansky,Vera Bodansky,2013-03-12 Hunter House has a new year's resolution you can stick to better sex Published just in time for the new year the second edition of *Extended Massive Orgasm* offers even more in depth information on how to achieve great sexual pleasure so that your goals for 2013 can include 1 Longer and more intense orgasms 2 More pleasure 3 A deepened relationship The authors of this book reveal techniques that everyone can use to give and receive extended massive orgasms Readers will learn how to produce an extended orgasm manually with fingers and hands touching the genitals in a precise way With a strong focus on how to pleasure a woman the authors also discuss pleasing men They describe how satisfying your partner in this way is an ecstatic experience for both parties and can enhance your relationship New updates in this edition include new techniques for focusing on pleasure 14 new diagrams and drawings for understanding techniques new stroking techniques for the clitoris expanded section on the male orgasm expanded section on communication and relationships Additionally the authors have re-written some of the original material with insights gained from the decade of teaching sexual ecstasy that has passed since the first edition was published Rewritten parts include Positions for optimum orgasm Detailed training techniques The nature of orgasm and the capabilities of the human nervous system The difference between sensuality and sexuality Safe sex practices Overcoming resistance to pleasure Understanding how both partners benefit from extended massive orgasm Filled with specific techniques methods ideas and scientific and anatomical information phrased in an accessible and readable style this book explores the nature of pleasure and why it is so difficult to achieve in our society The authors discuss the differences and similarities between the sexes and how to exploit those to achieve a fantastic relationship They also include information on how to seduce your

partner how to explore your own sexuality through learning how you enjoy being touched and how to communicate your desires to your partner clearly and joyfully The benefits to both partners of an extended massive orgasm are immeasurable Women who thought they were unable to experience orgasm at all have learned to become fully orgasmic through the techniques in this book These women experienced such pleasurable intensity and sensation in their bodies for an extended time period that the preconceptions and limitations they had placed on themselves and their sexual potential were totally vanquished And this is available to anyone who reads the book and applies and practices the methods described in **Extended Massive Orgasm Study Guide to Accompany "The Marriage and Family Experience"** Bryan Strong,1986 **Sexual Pleasure** Barbara Keesling,1993 The exercises in this book to be done both with and without a partner increase the sensual awareness of touch and encourage individuals to focus on their own desire as well as looking for ways to please their partner **New Woman** ,1983 *King Magazine* ,2006 **American Book Publishing Record** ,2007 Natural Health ,1996 *Subject Guide to Books in Print* ,1991 **Human Sexuality in a World of Diversity** Spencer A. Rathus,Jeffrey S. Nevid,Lois Fichner-Rathus,2005 The perfect balance between science and pedagogy Human Sexuality in a World of Diversity 7e examines the rich diversity found in human sexuality and helps students develop their own opinions by promoting critical thinking skills personal sexual health awareness and responsible decision making Firmly rooted in science the text systematically encourages students to apply the research to their own lives **The Good Vibrations Guide to Sex** Cathy Winks,Anne Semans,1994 CiP has the subtitle How to Have Safe Sex in the 90s The publisher s title continues Tips and Techniques from the Folks Who Run America s Favorite Sex Toy Store Published by Cleis Press PO Box 8933 Pittsburgh PA 15221 Annotation copyright by Book News Inc Portland OR

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