

contains surfactant. It prevents the alveoli from collapsing during exchange of gases. According to an estimate there are about 700 million alveoli in the lungs of man.

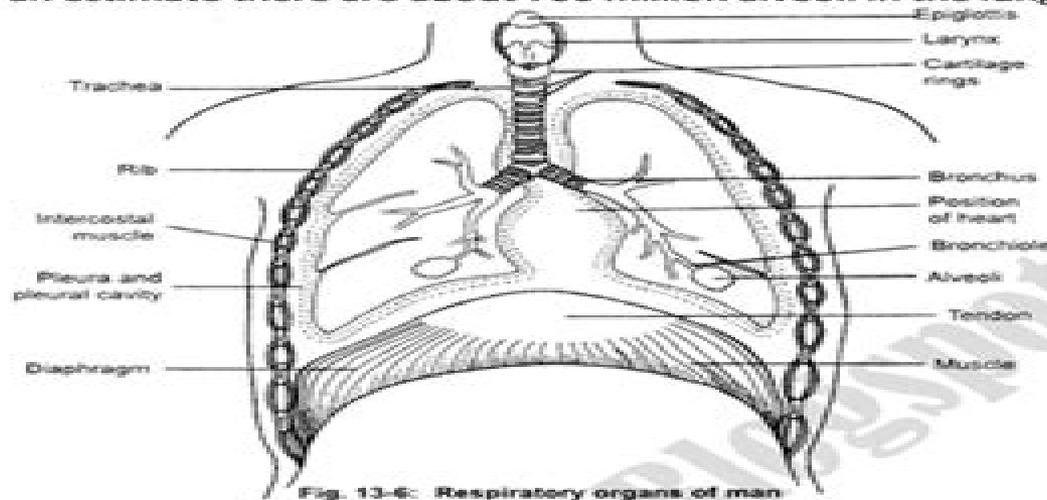


Fig. 13-6: Respiratory organs of man

Lungs:

The lungs are two pink spongy organs. They are present in the thoracic cavity, which is bounded by ribs and muscles, called intercostals muscles. Both the lungs are covered with a thin membrane, known as pleura and the cavity in which they are present is called pleural cavity. Thorax and abdomen are separated by a thin wall, the diaphragm. The lungs expand and contract in a systematic way by the movement of diaphragm upward and downward and movement of ribs due to intercostals muscles forward and inward.

Q.7: Describe the mechanism of breathing?

Ans: MECHANISM OF BREATHING:

In man the mechanism consists of two steps:

- Inspiration or inhalation
- Expiration or Exhalation

During the process of breathing the air is taken in due to negative pressure i.e. in thoracic cavity the pressure is decreased as compare to atmospheric pressure, this type of breathing is called negative pressure breathing.

The steps of breathing are as follows:

Inspiration (Inhalation):

In this process the diaphragm moves downwards and due to the contraction of intercostals muscles the ribs move forward. In this way the pleural cavity increases in size, so lungs are expanded and air enters the body through external nostrils. It passes through the nasal cavity, pharynx, larynx, trachea, bronchi, and it is filled in several million alveoli of lungs. The oxygen diffuses into the blood running in the capillaries of alveoli. The oxygen combines with hemoglobin of red blood corpuscles and CO_2 diffuses into the air.

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