

Selling HL Psych Notes - Paper 2 Treatments

Discuss one or more biological treatments:

A. Introduction

- a. Biological treatments for depression are based on biological malfunctioning, drug biological system
- b. Aim of biological treatments is to provide absence of symptoms
- c. Depression is thought to be caused by medications are a commonly used treatment
- d. One antidepressant is **SSRIs** - selective
 - i. Based on the **serotonin hypothesis** a cause of depression
 - ii. Affect only serotonin reuptake
 - iii. Reuptake pumps that transport are blocked = serotonin stays in therefore transmits more signals chemical balance
 - iv. Better treatment compared to neurotransmitters as well
 1. Fewer side effects
 2. Less toxic than other antidepressants

B. Studies demonstrating the effectiveness of antidepressants

a. Geddes

- i. Aim: determine the effectiveness of antidepressants
- ii. Procedures: meta-analysis of data
- iii. Results:
 1. Antidepressant drugs can reduce the number of people with depression
 2. Reduces the number of people with depression
 3. Continuing antidepressant treatment reduces the risk of relapse
- iv. Application:
 1. Antidepressants are an effective treatment for depression
 2. But patients have to continue treatment to reduce the risk of relapse
 - a. Limitation of antidepressants

b. Short Evaluation

- i. Strengths:
 1. As a meta-analysis, it has greater generalizability
- ii. Limitations:
 1. Each study has different variables = low internal validity

- All **6 studies** needed for Paper 2 Abnormal Option: Treatments
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Table of Contents May 2ib Psych Paper 2

1. Understanding the eBook May 2ib Psych Paper 2
 - The Rise of Digital Reading May 2ib Psych Paper 2
 - Advantages of eBooks Over Traditional Books
2. Identifying May 2ib Psych Paper 2
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an May 2ib Psych Paper 2
 - User-Friendly Interface
4. Exploring eBook Recommendations from May 2ib Psych Paper 2
 - Personalized Recommendations

- May 2ib Psych Paper 2 User Reviews and Ratings
- May 2ib Psych Paper 2 and Bestseller Lists
- 5. Accessing May 2ib Psych Paper 2 Free and Paid eBooks
 - May 2ib Psych Paper 2 Public Domain eBooks
 - May 2ib Psych Paper 2 eBook Subscription Services
 - May 2ib Psych Paper 2 Budget-Friendly Options
- 6. Navigating May 2ib Psych Paper 2 eBook Formats
 - ePub, PDF, MOBI, and More
 - May 2ib Psych Paper 2 Compatibility with Devices
 - May 2ib Psych Paper 2 Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of May 2ib Psych Paper 2
 - Highlighting and Note-Taking May 2ib Psych Paper 2
 - Interactive Elements May 2ib Psych Paper 2
- 8. Staying Engaged with May 2ib Psych Paper 2
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers May 2ib Psych Paper 2
- 9. Balancing eBooks and Physical Books May 2ib Psych Paper 2
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection May 2ib Psych Paper 2
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine May 2ib Psych Paper 2
 - Setting Reading Goals May 2ib Psych Paper 2
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of May 2ib Psych Paper 2
 - Fact-Checking eBook Content of May 2ib Psych Paper 2

- Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
- 14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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