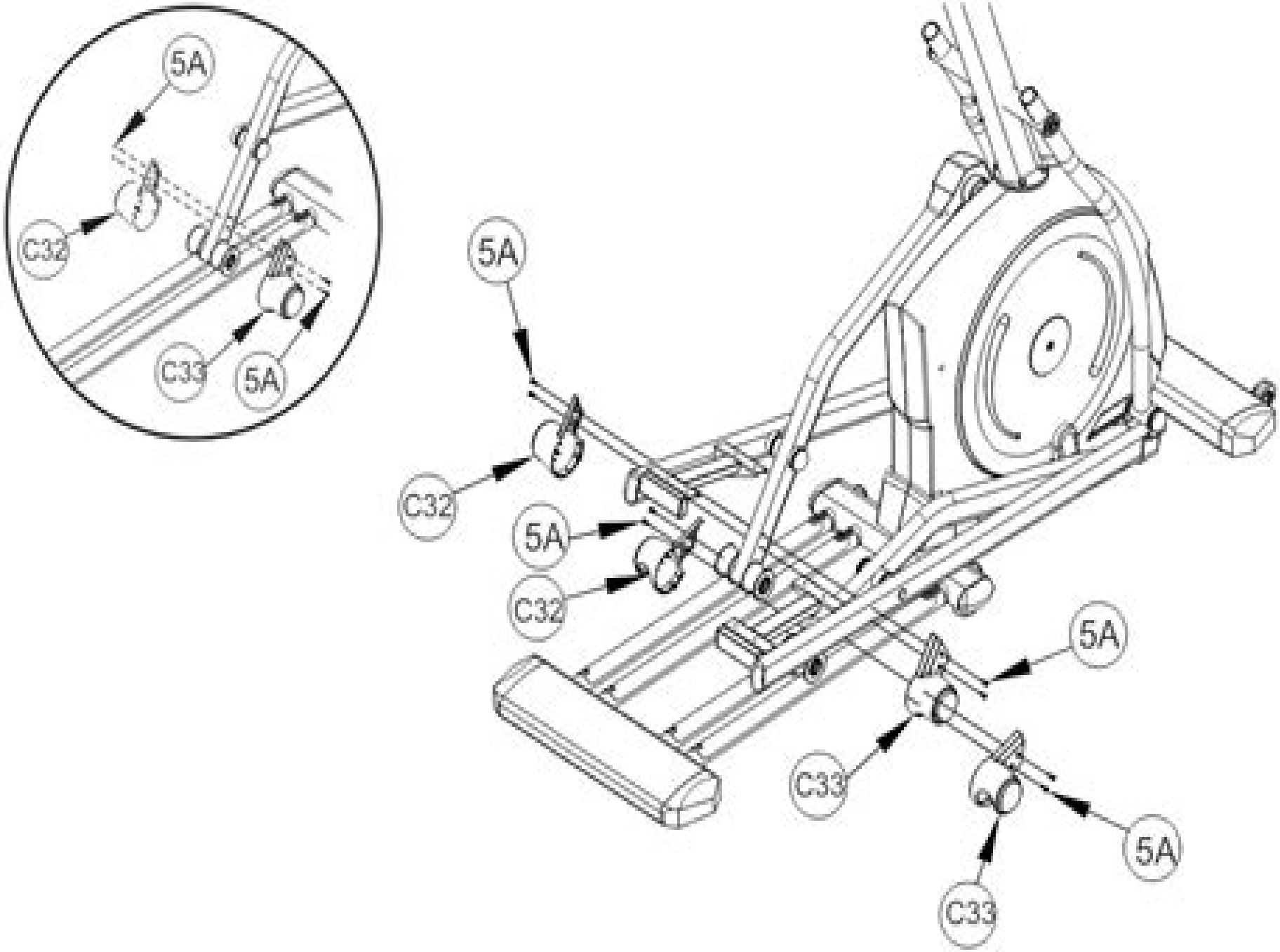
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Maxxus Personal Trainer User Guide

Mike Jess

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