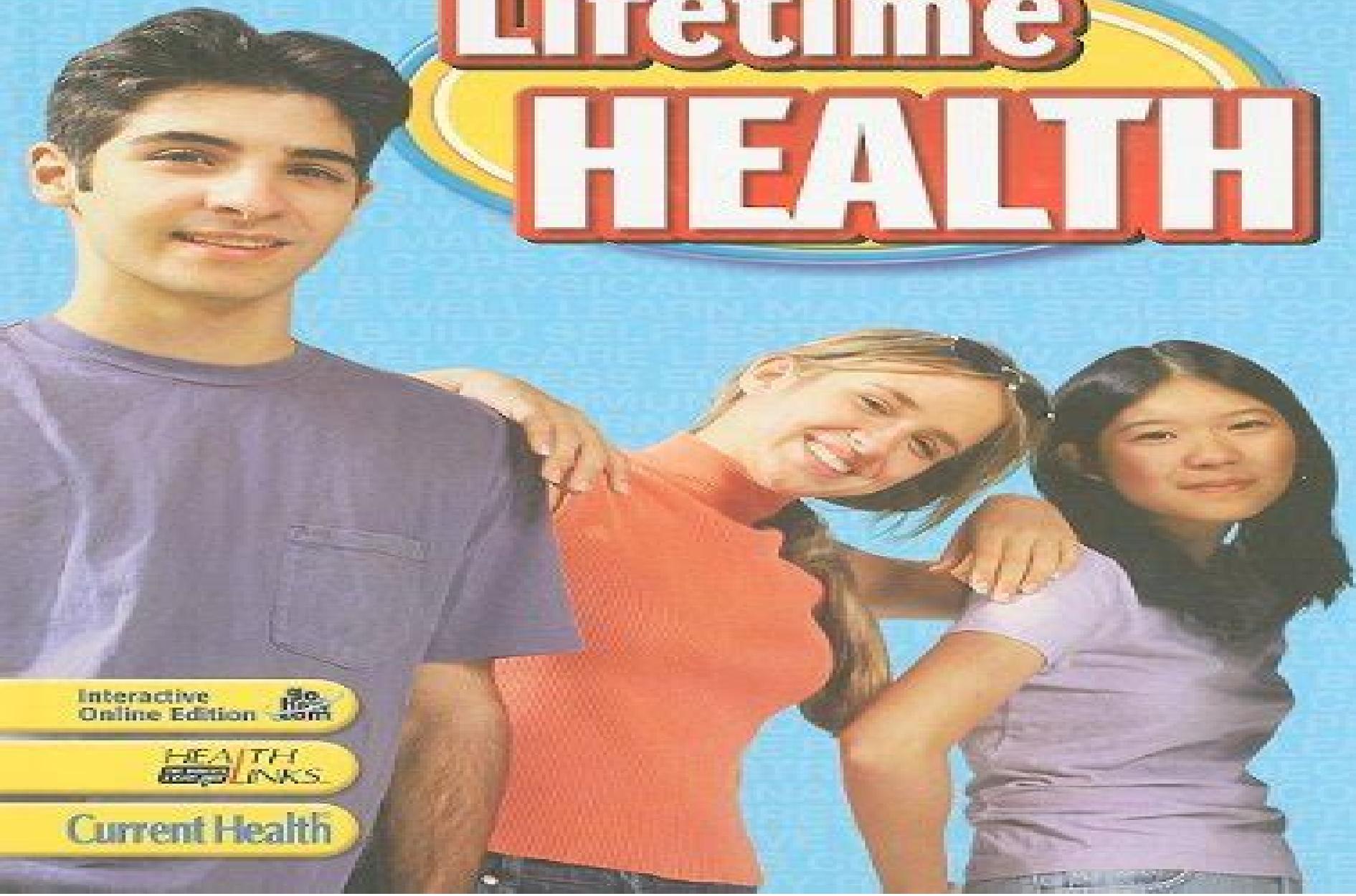


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# Lifetime Health Textbook

**Ian Pickup**



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