



LIFEGUARD SOCIETY

Study Guide

- Bring this *Study Guide* to class or have it accessible on your phone.
- Read each chapter in the *Training Manual* and then review key points in this study guide.
- Watch the *Online Video Lessons* before class day.

Chapter 1 — The Professional Lifeguard

1. Name 3 primary responsibilities of a lifeguard:
 - Monitoring activities in and near the water through patron surveillance.
 - Preventing injuries by minimizing or eliminating hazardous situations or behaviors.
 - Enforcing facility rules and regulations and educating patrons about them.
 - Recognizing and responding quickly and effectively to all emergencies.
 - Administering first aid and CPR, including using an automated external defibrillator (AED) and, if trained, administering emergency oxygen when needed.
 - Working as a team with other lifeguards, facility staff and management.
2. Name 3 secondary responsibilities of a lifeguard:
 - Testing the pool water chemistry.
 - Assisting patrons (conducting safety orientations, administering swim tests and fitting life jackets).
 - Cleaning or performing maintenance.
 - Completing records and reports.
 - Performing opening duties, closing duties or facility safety checks and inspections.
3. Name 3 characteristics of a professional lifeguard:
Knowledgeable and skilled, Reliable, Mature, Courteous and consistent, Positive, Professional, Healthy and fit, Rest
4. As part of the FIND decision-making process, define what each letter stands for:
 - F = Figure out the problem.
 - I = Identify possible solutions.
 - N = Name the pros and cons for each solution.
 - D = Decide which solution is best, then act on it.



Lifeguard Study Guide Answer

M Tight



Lifeguard Study Guide Answer:

The Enigmatic Realm of **Lifeguard Study Guide Answer**: Unleashing the Language is Inner Magic

In a fast-paced digital era where connections and knowledge intertwine, the enigmatic realm of language reveals its inherent magic. Its capacity to stir emotions, ignite contemplation, and catalyze profound transformations is nothing lacking extraordinary. Within the captivating pages of **Lifeguard Study Guide Answer** a literary masterpiece penned by a renowned author, readers set about a transformative journey, unlocking the secrets and untapped potential embedded within each word. In this evaluation, we shall explore the book's core themes, assess its distinct writing style, and delve into its lasting effect on the hearts and minds of those that partake in its reading experience.

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