

As a rule of thumb, select your pre-pregnancy size (or current size if you're not pregnant). Still unsure? Use a measuring tape to confirm your sizing or reach out to a fit expert at [customer@ingridandisabel.com](mailto:customer@ingridandisabel.com).

#### UNIVERSAL SIZE CHART

SIZE	XS		S		M		L		XL
NUMERIC	0	2	4	6	8	10	12	14	16
CHEST	34" - 35"		36" - 37"		38" - 39.5"		40.5" - 42.5"		43" - 44"
HIP	37" - 38"		39" - 40"		41" - 42.5"		43.5" - 45.5"		46" - 47"

Fun fact: We fit on pregnant *and* non-pregnant women, so one size should work from 1st to 4th to forever!

#### HOW TO MEASURE



#### CHEST

Wrap the tape around fullest part of your bust, keeping it as level to the floor as possible.



#### HIPS

Measure at the widest part of your hips (below the bump if you're pregnant).

# Maternity Size Guide

**Michael Hoelscher**



## **Maternity Size Guide:**

Fuel your quest for knowledge with is thought-provoking masterpiece, Explore **Maternity Size Guide** . This educational ebook, conveniently sized in PDF ( \*), is a gateway to personal growth and intellectual stimulation. Immerse yourself in the enriching content curated to cater to every eager mind. Download now and embark on a learning journey that promises to expand your horizons. .

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