

Basal Bolus Insulin Therapy Worksheet (for prescribers; to support ordering and titration of insulin)

Patient Name: _____ Patient Weight: _____ A1C: _____

Calculating Total Daily Dose (TDD) Options:

1. Home Insulin Dose:

Total Basal: [N (Humulin[®]N), NPH (Novolin NPH[®]), glargine (Lantus[®]) or detemir (Levemir[®])]

Breakfast (units) + Bedtime (units) = Total Basal (units)

Total Bolus: [glulisine (Apidra[®]), lispro (Humalog[®]), aspart (Novorapid[®]), R(Humulin[®]RR), or Toronto(Novolin Toronto[®])]

Breakfast meal + correction (units) + Lunch meal + correction (units) + Supper meal + correction (units) = Total Bolus (units)

=

Total Basal + Total Bolus per day = Total Daily Dose of Insulin at Home

2. New Start in Hospital:

a. Type 1 OR slim Type 2 OR over age 70 OR renal dysfunction

Total Daily Dose (TDD) = weight (kg) x 0.3-0.5 units/kg/day = units per day

b. Insulin resistance or steroid treatment or overweight Type 2

Total Daily Dose (TDD) = weight (kg) x 0.5-1.0 units/kg/day = units per day

How to Divide Total Daily Dose (TDD) into Scheduled Basal, Bolus and Correction Insulin Orders:

1. Determining Basal Insulin:

[N (Humulin[®]N), NPH (Novolin NPH[®]), glargine (Lantus[®]) or detemir (Levemir[®]):]

If Well Controlled, use Home Dose: units once daily OR units at breakfast AND units at bedtime

Otherwise, estimate Basal Insulin as follows:

Glargine (Lantus[®]): TDD x 0.5 = units Once Daily **OR**

N (Humulin[®]N), NPH (Novolin NPH[®]), glargine (Lantus[®]) or detemir (Levemir[®]): TDD X 0.5/2 = units Breakfast and bedtime

Insulin Calculation Practice Problems

Barbara E. Lacher



Insulin Calculation Practice Problems:

Whispering the Strategies of Language: An Psychological Quest through **Insulin Calculation Practice Problems**

In a digitally-driven world where screens reign supreme and instant conversation drowns out the subtleties of language, the profound techniques and emotional nuances hidden within phrases frequently move unheard. However, located within the pages of **Insulin Calculation Practice Problems** a charming literary value pulsing with natural emotions, lies an exceptional journey waiting to be undertaken. Written by an experienced wordsmith, that marvelous opus invites readers on an introspective journey, softly unraveling the veiled truths and profound affect resonating within ab muscles fabric of every word. Within the psychological depths of this touching evaluation, we shall embark upon a heartfelt exploration of the book is core themes, dissect its charming publishing style, and fail to the powerful resonance it evokes strong within the recesses of readers hearts.

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