

**PRIVATE PHYSICIAN SPORTS PHYSICAL EXAMINATION  
(New York State Law does not permit us to accept any other forms.)**

Students must submit this form to the school nurse 2 weeks before the start of practice to insure they will be cleared to play in time.

NAME \_\_\_\_\_ DOB \_\_\_\_\_ SCHOOL \_\_\_\_\_

DATE OF EXAM \_\_\_\_\_ DATE TO NURSE \_\_\_\_\_ SPORT \_\_\_\_\_

Height \_\_\_\_\_ Weight \_\_\_\_\_ BMI \_\_\_\_\_ Weight Category \_\_\_\_\_ BP \_\_\_\_\_ / \_\_\_\_\_ Pulse \_\_\_\_\_

Vision R-20/ \_\_\_\_\_ L-20/ \_\_\_\_\_ Corrected \_\_\_\_\_ Uncorrected \_\_\_\_\_ Pupils \_\_\_\_\_

	Normal			Abnormal	
Cardiopulmonary					
Pulse					
Heart					
Tanner Stage	1	2	3	4	5
Skin					
Abdominal					
Genitalia					
Musculoskeletal					
Neck					
Shoulder					
Elbow					
Wrist					
Hand					
Back					
Knee					
Ankle					
Foot					
Other					

Asthma or Reactive Airway Disease? Yes \_\_\_ No \_\_\_ If yes: Inhaler needed? Yes \_\_\_ No \_\_\_

Before exercise/ practice/ games? (circle) \*Self administered? Yes \_\_\_ No \_\_\_

\*Attach a completed Administration of Medication Form if student is to carry an inhaler or an Epi-pen during practice and games.

Clearance to participate: **PLEASE CIRCLE ONE**

A. Cleared for all sports

B. Cleared after completing evaluation/ rehabilitation for: \_\_\_\_\_

C. Not cleared for: \_\_\_\_\_ Contact/Collision

\_\_\_\_\_ Limited Contact/Impact

\_\_\_\_\_ Non-Contact \_\_\_\_\_ Strenuous \_\_\_\_\_ Non-Strenuous

Due To: \_\_\_\_\_

Recommendation: \_\_\_\_\_

# Generic Sports Physical Exam Form

**Kathleen Armour**



**Generic Sports Physical Exam Form:**

The book delves into Generic Sports Physical Exam Form. Generic Sports Physical Exam Form is a vital topic that must be grasped by everyone, ranging from students and scholars to the general public. This book will furnish comprehensive and in-depth insights into Generic Sports Physical Exam Form, encompassing both the fundamentals and more intricate discussions.

1. This book is structured into several chapters, namely:
    - Chapter 1: Introduction to Generic Sports Physical Exam Form
    - Chapter 2: Essential Elements of Generic Sports Physical Exam Form
    - Chapter 3: Generic Sports Physical Exam Form in Everyday Life
    - Chapter 4: Generic Sports Physical Exam Form in Specific Contexts
    - Chapter 5: Conclusion
  2. In chapter 1, this book will provide an overview of Generic Sports Physical Exam Form. The first chapter will explore what Generic Sports Physical Exam Form is, why Generic Sports Physical Exam Form is vital, and how to effectively learn about Generic Sports Physical Exam Form.
  3. In chapter 2, this book will delve into the foundational concepts of Generic Sports Physical Exam Form. The second chapter will elucidate the essential principles that must be understood to grasp Generic Sports Physical Exam Form in its entirety.
  4. In chapter 3, the author will examine the practical applications of Generic Sports Physical Exam Form in daily life. The third chapter will showcase real-world examples of how Generic Sports Physical Exam Form can be effectively utilized in everyday scenarios.
  5. In chapter 4, the author will scrutinize the relevance of Generic Sports Physical Exam Form in specific contexts. This chapter will explore how Generic Sports Physical Exam Form is applied in specialized fields, such as education, business, and technology.
  6. In chapter 5, this book will draw a conclusion about Generic Sports Physical Exam Form. The final chapter will summarize the key points that have been discussed throughout the book.
- The book is crafted in an easy-to-understand language and is complemented by engaging illustrations. It is highly recommended for anyone seeking to gain a comprehensive understanding of Generic Sports Physical Exam Form.

<https://blog.gospelcrusade.org/results/detail/Documents/jane%20fondas%20workout.pdf>

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