

STAGES OF LABOR

Having a baby with a 24-hour period across the clock is a continuous and unrelenting process with no breaks in between.



Stage 1: Latent	Stage 2: Pushing	Stage 3: Placenta
<p>Characterized by irregular contractions that gradually increase in intensity and frequency. The cervix dilates from 1 to 10 centimeters.</p> <p>Duration: 12-18 hours</p> <ul style="list-style-type: none">• Irregular contractions• Cervix dilates from 1 to 10 cm• Contractions become more frequent and intense• Cervix becomes soft and malleable	<p>Characterized by regular, strong contractions that last longer and are closer together. The cervix dilates from 10 to 12 centimeters.</p> <p>Duration: 1-2 hours</p> <ul style="list-style-type: none">• Regular, strong contractions• Cervix dilates from 10 to 12 cm• Contractions last longer and are closer together• Cervix becomes very soft and malleable	<p>Characterized by the delivery of the placenta and the umbilical cord. The cervix contracts to close the birth canal.</p> <p>Duration: 5-30 minutes</p> <ul style="list-style-type: none">• Delivery of the placenta and umbilical cord• Cervix contracts to close the birth canal• Contractions are strong and regular• Cervix becomes very soft and malleable



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The Cervical Canal

- The cervical canal is the opening of the cervix into the vagina.
- It is the pathway through which the baby passes during labor.
- The canal is normally closed during pregnancy to protect the fetus.
- During labor, the canal dilates to allow the baby to pass.

Each Stage of Labor

- Stage 1: 12-18 hours
- Stage 2: 1-2 hours
- Stage 3: 5-30 minutes

DIGITAL

STAGES OF LABOR

POSTER

Hd Labor Guide

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