

## CHASTITY RULES

Keyholder can choose the device.

Keyholder decides lock duration. She must ensure he has no access to the keys.

No referring to 'penis' etc - it is called a 'nub'.

He cannot refer to it as 'his'. It belongs to her.

He may not talk about her nub / chastity at any point unless his keyholder brings it up.

When unlocked, he must ask permission to touch her nub, permission to ejaculate.



## CHASTITY TIPS

Minimum 12-18 day lockups at a time.

Reframe 'sex' as all sexual play, not just penetration. Have lots of 'sex' during lockup periods.

Channel his additional energy into fitness / body sculpting.

Arousal = compliance. Keep him aroused constantly.

His nipples, balls and ass are all he has now. Pinch, slap and tickle at will.

Sex is about you during lockup periods. Enjoy!

# Male Chastity And Marriage Guide

**Zhe Xu**



## **Male Chastity And Marriage Guide:**

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