

# Manual Muscle Testing (Upper Extremity)

	Right	Left
Shoulder abduction	5/5	2/5
Shoulder adduction	5/5	2/5
Shoulder flexion	5/5	2/5
Shoulder extension	5/5	2/5
Elbow flexion	5/5	2/5
Elbow extension	5/5	2/5
Wrist flexion	5/5	4/5
Wrist extension	5/5	4/5

# Manual Muscle Testing Upper Extremity Chart

**Michael Brown**



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