

	Intermittent	Persistent Mild	Persistent Moderate	Persistent Severe
Symptoms	≤2 days/week	>2 days/week but not daily	Daily	Through out the day
Night time awakenings	≤2x/month	3–4x/month	>1x/week, but not nightly	Often 7x/week
short-acting beta <sub>2</sub> -agonist use for symptom control	≤2 days/week	>2 days/week but not daily and not more than 1x on any day	Daily	Several times per day
Interference with normal activity	None	Minor limitation	Some limitation	Extremely limited
Lung function	FEV <sub>1</sub> > 80% predicted FEV <sub>1</sub> /FVC normal	FEV <sub>1</sub> > 80% predicted FEV <sub>1</sub> /FVC normal	FEV <sub>1</sub> > 60% but <80% predicted FEV <sub>1</sub> /FVC reduced 5%	FEV <sub>1</sub> < 60% FEV <sub>1</sub> /FVC reduced >5%
Recommend step for initiating treatment	Step 1	Step 2	Step 3	Step 4 or 5

# Expert Panel Report 3

**M Lipman**



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