

## ***Exam 4 Detailed study guide for students: GI and GU disorders***

Know issues for patients with:

### **Emesis/vomiting**

- Leads to: Dehydration, electrolyte imbalances, low blood pressure & blood sugar
- Presence of blood - hematemesis
  - o Coffee ground vomitus -> brown granular material indicates the action of HCl on hemoglobin
  - o Hemorrhage -> red blood may be in vomitus
- Yellow- or green-stained vomitus
  - o Bile from the duodenum
- Deeper brown color
  - o May indicate content from lower intestine
- Recurrent vomiting of undigested food
  - o Problem w/ gastric emptying or infection or being able to digest food properly

**Diarrhea** -> excessive frequency of stools (usually of loose or watery consistency)

- May be acute or chronic
- Frequently with nausea & vomiting when infection or inflammation develops
- May be accompanied by cramping pain
- Prolonged diarrhea may lead to dehydration, electrolyte imbalance, acidosis, malnutrition

### **Blood in stool**

- Blood may occur in normal stools w/ diarrhea, constipation, tumors, or an inflammatory condition
  - o **Frank blood** (fresh blood) -> lower digestive tract
    - **Red blood** - usually from lesions in rectum or anal canal
    - Ask abt quantity -> can lead to many questions
  - o **Melena** (concerning -> significant bleeding in upper digestive tract)
    - Dark-colored, tarry stool

# Gi Gu Study Guide For Rns

**SJ Ball**



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