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How To Use This Guide

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How To Use This Guide:

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CBP LMT is a metaphysician astrologer and certified clinical aromatherapist with over four decades of experience in the holistic health field She has worked with internationally known celebrities athletes and hospitals integrating aromatherapy and energy medicine into wellness practices She s a specialist in energy healing chakra balancing and essential oils integrating modalities such as sound healing breathwork crystals and guided meditation for transformation and well being KG s work has been featured in national and international publications including *Massage Therapy Journal* and *Aromatherapy Today* She has served as a NAHA Director for Southern Oregon and a Continuing Education Provider for professional aromatherapists

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