

# ELECTRICAL FACIALS TRAINING MANUAL



*Electrical*  
**FACIALS**

HIGH FREQUENCY, GALVANIC, MICROCURRENT,  
ELECTROPORATION, FACE VACUUM.

STUDENT TRAINING MANUAL



## APPLICATIONS

**CONTRAINDICATIONS**

- High frequency and galvanic treatments should not be used on patients with metal implants or prosthetics.
- Patients with a history of seizures should avoid high frequency treatments.
- Patients with a history of heart disease should avoid galvanic treatments.
- Patients with a history of high blood pressure should avoid galvanic treatments.
- Patients with a history of diabetes should avoid galvanic treatments.
- Patients with a history of kidney disease should avoid galvanic treatments.
- Patients with a history of liver disease should avoid galvanic treatments.
- Patients with a history of thyroid disease should avoid galvanic treatments.
- Patients with a history of autoimmune disease should avoid galvanic treatments.
- Patients with a history of cancer should avoid galvanic treatments.
- Patients with a history of skin cancer should avoid galvanic treatments.
- Patients with a history of skin infections should avoid galvanic treatments.
- Patients with a history of skin allergies should avoid galvanic treatments.
- Patients with a history of skin irritation should avoid galvanic treatments.
- Patients with a history of skin dryness should avoid galvanic treatments.
- Patients with a history of skin redness should avoid galvanic treatments.
- Patients with a history of skin itching should avoid galvanic treatments.
- Patients with a history of skin burning should avoid galvanic treatments.
- Patients with a history of skin pain should avoid galvanic treatments.
- Patients with a history of skin numbness should avoid galvanic treatments.
- Patients with a history of skin tingling should avoid galvanic treatments.
- Patients with a history of skin stinging should avoid galvanic treatments.
- Patients with a history of skin itching should avoid galvanic treatments.
- Patients with a history of skin burning should avoid galvanic treatments.
- Patients with a history of skin pain should avoid galvanic treatments.
- Patients with a history of skin numbness should avoid galvanic treatments.
- Patients with a history of skin tingling should avoid galvanic treatments.
- Patients with a history of skin stinging should avoid galvanic treatments.



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# Microcurrent Training Manual

**Jicheng Xie**



## **Microcurrent Training Manual:**

*Basic Microcurrent Therapy* Carolyn Wing Greenlee, Dennis L. Greenlee, Thomas W. Wing, 1998 Originally written as a training manual for health professionals treating patients with Monad Microcurrent instruments invented and manufactured by Dr Thomas W Wing the *Basic Microcurrent Therapy Acupoint Body Work Manual* has become a staple in Microcurrent Therapy education and treatment regardless of which brand of instrument is used Want to know what microcurrent can do Wonder what settings to use This book is intended to be an inviting introduction for the beginner or a thorough brush up for the intermediate user From simple body patterns that relieve pain to a simplified system of auricular therapy to an interior look into the body through meridian balance it offers a spectrum of approaches The techniques which have revolutionized sports medicine EMR Enhancing Muscle Reeducation ETR Enhancing Tissue Repair and GTO Golgi Tendon Organ are explained and illustrated with diagrams of the physiology involved A new simplified method of charting meridians the neurological basis of auricular therapy with the progression of diseases and an entire chapter on Korean hand acupoint therapy in three levels Corresponding Points Basic Points and Meridian Points This is a hands on manual that guides the reader step by step through the basics of microcurrent therapy Details of instrumentation applicable bodywork patterns microcurrent inferential auricular treatment procedures meridian therapy Akabane interpretation protocol five phase Luo sedation and supplemental points source master and association points Korean hand therapy and a variety of miscellaneous point treatment strategies are all covered in this ambitious and useful book

**Frequency Specific Microcurrent in Pain Management** Carolyn McMakin, 2011-10-28 This comprehensive text describes the origins mechanisms beneficial applications and practical details of frequency specific therapy a treatment technique that uses frequencies micro amperage current and the principles of biological resonance to treat pain and a wide range of medical conditions It includes condition specific frequency protocols for the treatment of various pain complaints and multi center clinical case reports documenting successful application of the technique Each section includes a review of condition pathophysiology and differential diagnosis plus current research A DVD feature a lecture from the author Powerpoint teaching slides practical demonstrations of techniques fully searchable text and downloadable images from the book

*Injuries and Health Problems in Football C.* Niek van Dijk, Philippe Neyret, Moises Cohen, Stefano Della Villa, Helder Pereira, J. Miguel Oliveira, 2017-05-10 This book offers a comprehensive overview of current knowledge on the health problems and injuries associated with football and their clinical management After an opening section on technical aspects and fundamental principles all areas of football traumatology are addressed The coverage includes muscle tendon and stress injuries of the lower limbs and injuries to the ankle and foot knee hip and groin spine and head and upper limbs An individual section is also devoted to the most significant heart and other health conditions that may be encountered in players of all ages and standards Follow up rehabilitation and return to activity are discussed and the role of performance enhancement strategies is carefully examined

with description of nutritional guidelines and the evidence on use of dietary supplements A concluding section highlights the potential of the next generation of biologics to improve the regeneration and biofunctionality of damaged tissues This book is written by world renowned experts and has been produced in cooperation with ISAKOS It will serve as a reference in the field of orthopaedics

**Positional Release Techniques E-Book** Leon Chaitow,2007-12-21 The eBook version of this title gives you access to the complete book content electronically Evolve eBooks allows you to quickly search the entire book make notes add highlights and study more efficiently Buying other Evolve eBooks titles makes your learning experience even better all of the eBooks will work together on your electronic bookshelf so that you can search across your entire library of Manual Therapy eBooks Please note that this version is the eBook only and does not include the printed textbook Alternatively you can buy the Text and Evolve eBooks Package which gives you the printed book plus the eBook Please scroll down to our Related Titles section to find this title A comprehensive textbook covering all methods of spontaneous release by positioning The background theory is explained and the techniques described in detail The descriptions of the techniques are supplemented in the text by clear 2 colour line drawings and photographs and the DVD ROM provides additional explanation through the use of video demonstrations with narrative by the author Compares all major positional release methods from strain counterstrain to functional osteopathy Details step by step use of these manual methods Describes integrated use with other manual approaches such as Muscle Energy Techniques Provides explanations of treatment of both muscle and joint problems Explains how the methods can be used to treat bedridden patients Emphasises safety and usefulness in both acute and chronic settings Three completely new contributed chapters Sacro occipital technique use of padded wedges for diagnosis and treatment Overview of the McKenzie Method and Application of positional techniques in the treatment of animals Text completely updated with additional new videoclips included on DVD ROM 56 new 2 colour line drawings and 27 new photographs

**Muscle Energy Techniques & Website E-Book** Leon Chaitow,2013-12-01 Muscle Energy Techniques 4e sets out clear practical and clinical guidelines for all students and practitioners wishing to use MET techniques as part of their patient management Fully updated and now published in full colour throughout this book has an accompanying website with video clips presenting the full array of modern METs in a variety of acute chronic and rehabilitation settings Introduces new methodology and instructs in the scientific basis and correct application of existing METs Explains the value of METs in the treatment of a variety of problems ranging from hypertonicity and muscle tightness to joint dysfunction and joint capsule adhesions Provides precise assessment and diagnosis guidelines from a variety of perspectives including osteopathy chiropractic physical therapy athletic training and massage therapy Details the background to soft tissue dysfunction and explains the adaptive chain reactions that both produce and result from dysfunction Gives many variations on the safe use of MET in acute chronic and rehabilitation settings Highly illustrated with full colour line drawings and diagrams Supplemented by a website which includes video clips of experienced practitioners

demonstrating the techniques Ideal for experienced practitioners as well as those taking undergraduate and postgraduate courses in manual therapy Now published in full colour throughout Presents the latest research findings underpinning the practice of MET methodology from differing areas of practice Presents the increasingly refined ways of using the variety of MET methods to allow the reader to safely apply them in a variety of settings Video clips on an associated website presents practical examples of the METs explored in the book Contains a new chapter on the history of MET to provide useful insights from pioneers of the method New chapters by orthopaedic surgeons discuss the relevance of MET in the rehabilitative setting Contains a completely new chapter on the relevance of MET to massage therapy as well as expanded sections on its value in chiropractic sports injury and physiotherapy Contains an increased emphasis on pulsed MET and isotonic eccentric stretching

*Housestaff Handbook* University of Chicago Hospitals,1991

**Principles of Athletic Training** Daniel D. Arnheim,William E. Prentice,1993 Designed for physiotherapists sports scientists and lecturers and students of physical education this text provides a thorough overview of the field of athletic training from general foundations to specific injury prevention and management techniques It looks at organizational and administrative considerations giving information on the budgeting and purchasing of supplies training room design and operation and the importance of record keeping and legal concerns Injury prevention through maintenance and improvement of cardiorespiratory endurance is discussed and the text also provides coverage of many new topics such as the rapid form immobilizer various types of artificial surfaces the McConnell technique for treating patellofemoral pain new illustrations of various mobilization techniques injuries to the temporomandibular joint and acupressure and acupuncture Taking a case study approach this book includes sample management and exercises rehabilitation plans

[Campbell's Physical Therapy for Children Expert Consult - E-Book](#) Robert Palisano,Margo Orlin,Joseph Schreiber,2016-12-20 Get all the pediatric physical therapy background and guidance you need with Campbell s Physical Therapy for Children Expert Consult 5th Edition Insightful and comprehensive coverage walks you through all aspects of working with children including decision making screening development motor control and motor learning the impairments of body function and structure and the PT management of pediatric disorders Like the previous bestselling editions this edition also follows the practice pattern categories of the Guide to Physical Therapist Practice and uses the IFC model of the disabling process as it presents up to date evidence based coverage of treatment New to this edition are a number of added and extensively revised chapters covering topics such as tests and measures autism spectrum disorder pediatric oncology and the neonatal intensive care unit to keep you at the cutting edge of the latest issues and best practices Finally with it s wealth of online resources and learning aids you ll have all the tools and support you need to tackle every aspect of pediatric physical therapy Focus on the International Classification of Function Disability and Health ICF of the World Health Organization WHO emphasizes activity rather than functional limitations and participation rather than disability Incorporation of practice pattern guidelines from the Guide to Physical Therapist Practice 2nd Edition sets the

standard for physical therapy practice Comprehensive reference offers a thorough understanding of all aspects of pediatric physical therapy including decision making screening development motor control and motor learning the impairments of body function and structure and the PT management of pediatric disorders Expert authorship and editors lend their experience and guidance for on the job success Variety of user resources to enhance study include review questions critical questions and additional resources and activities Questions and exercises offer great preparation for the APTA s Pediatric Specialist Certification Examination *Umpfred's Neurological Rehabilitation - E-Book* Rolando T. Lazaro, Sandra G. Reina-Guerra, Myla Quiben, 2019-12-05 Selected for Doody s Core Titles 2024 in Physical Medicine and Rehabilitation Develop problem solving strategies for individualized effective neurologic care Under the new leadership of Rolando Lazaro Umpfred s Neurological Rehabilitation 7th Edition covers the therapeutic management of people with activity limitations participation restrictions and quality of life issues following a neurological event This comprehensive reference reviews basic theory and addresses the best evidence for evaluation tools and interventions commonly used in today s clinical practice It applies a time tested evidence based approach to neurological rehabilitation that is perfect for both the classroom and the clinic Now fully searchable with additional case studies through Student Consult this edition includes updated chapters and the latest advances in neuroscience Comprehensive reference offers a thorough understanding of all aspects of neurological rehabilitation Expert authorship and editors lend their experience and guidance for on the job success UNIQUE A section on neurological problems accompanying specific system problems includes hot topics such as poor vision vestibular dysfunction dementia and problems with cognition and aging with a disability A problem solving approach helps you apply your knowledge to examinations evaluations prognoses and intervention strategies Evidence based research sets up best practices covering topics such as the theory of neurologic rehabilitation screening and diagnostic tests treatments and interventions and the patient s psychosocial concerns Case studies use real world examples to promote problem solving skills Comprehensive coverage of neurological rehabilitation across the lifespan from pediatrics to geriatrics Terminology adheres to the best practices follows The Guide to Physical Therapy Practice and the WHO ICF World Health model NEW enhanced eBook on Student Consult UPDATED Color photos and line drawings clearly demonstrate important concepts and clinical conditions students will encounter in practice NEW and EXPANDED Additional case studies and videos illustrate how concepts apply to practice Updated chapters incorporate the latest advances and the newest information in neurological rehabilitation strategies NEW and UNIQUE New chapter on concussion has been added Separate and expanded chapters on two important topics Balance and Vestibular [A Comprehensive Guide to Sports Physiology and Injury Management](#) Stuart Porter, Johnny Wilson, 2020-11-13 Divided into two parts physiology and sports injury management this is an innovative clinical and evidence based guide which engages with the latest developments in athletic performance both long and short term It also considers lower level exercise combined with the pertinent physiological processes It focuses on the rationale

behind diagnostic work up treatment bias and rehabilitation philosophy challenging convention within the literature to what really makes sense when applied to sports settings Drawing upon experts in the field from across the world and various sports settings it implements critical appraisal throughout with an emphasis on providing practical solutions within sports medicine pedagogy Dovetails foundational sports physiology with clinical skills and procedures to effectively manage sports injuries across a variety of settings Takes an interdisciplinary approach and draws upon both clinical and evidence based practice Contributed by leading international experts including academics researchers and in the field clinicians from a range of sports teams including the Royal Ballet and Chelsea FC Pedagogical features include learning objectives clinical tip boxes summaries case studies and Editor s commentary to critique of concepts and techniques across chapters

**Rehab Management** ,1996 **Saunders Manual of Medical Practice** Robert E. Rakel,2000 The New Edition provides the latest essential information on the symptoms diseases treatments and procedures most commonly encountered in everyday practice It features step by step clinical guidance for more than 320 common diseases and disorders as well as explicit guidelines for over 60 office procedures An organ system organization extensive alphabetical index and cross references within the individual chapters make the information easy to find

Sports Chiropractic Robert D. Mootz, Kevin A. McCarthy, 1999 This book includes contributions to the first six volumes of topics in Cinical Chiropractic TICC that have particular relevance to the field of sports chiropractic This text is part of an initial four volume series that collects and updates many of the most relevant works from the journal s archive

*Subject Guide to Books in Print* ,1996 Arnheim's Principles of Athletic Training William E. Prentice, Daniel D. Arnheim, 2002 PT ,1995 **Unesco List of Documents and Publications** Unesco, 1972

*The Spine in Sports* Robert G. Watkins, 1996 THE SPINE IN SPORTS provides practical information and how to tips After general chapters on anatomy biomechanics and nonsurgical and surgical treatment this hard cover manual is organized by sport Chapters are authored by practitioners trainers physical therapists and other key personnel Detailed therapeutic techniques are included for problems in specific sports

Fascia Mark Lindsay, Chad Robertson, 2008 Health practitioners and body workers need a firm understanding of the significance of fascia in human performance The role nutrition plays in fascial health how injuries and diseases influence fascia and the rehabilitative techniques to restore functional capacity of the affected tissue are essential components of improving performance This book starts with a basic overview of fascia and its biological underpinnings and progresses through clinical treatment applications nutritional and pharmacological support information and techniques for managing fascial conditions and injuries

Autism Dominic Bucciarelli Kasony MS Ph.D. Licensed-Certified Psychologist, 2021-12-01 Autism A Practical Guide for Parents was written from the perspective of a father of children now adults with disabilities and who is also a licensed and certified psychologist and counselor When parents are faced with serious medical problems in their children they become very gullible to exaggerated claims of cure and unethical providers The book contains substantial information about behavioral interventions

to help mediate the behavioral concerns for children with autism including an extensive reading list to help supplement the parents working knowledge and interventions Also a section is dedicated to various and at times erroneous interventions including chelation transcranial magnetic therapy light therapy and others A research section is included to emphasize the importance of psychometric testing and review for the development of reliable and valid testing assessment vehicles A psychological approach to the understanding of autism begins with a specific perspective of this challenge First of all children are children including those children with autism Second you need to be educated about a broad spectrum of autism symptoms including behavioral medical speech and language and physical Also you need to join with a behavioral health team including a psychologist behavioral specialist therapeutic staff support and or mobile therapist through your local managed care organization Remember you can help make positive behavioral and emotional health changes in your child to help him her achieve a happy healthy and productive life I have organized this book to be an easy read for parents and professionals I m sure you wouldn t want to read about the abstract details of existential phenomenology but would rather let me help you understand the details of autistic behavior from the viewpoint of a psychologist and father I hope I have succeeded in this task

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