



# LA PIRAMIDE ALIMENTARE DELLA SALUTE



Attività Fisica (itinerari turistici e archeologici)    Convivialità    Stagionalità    Prodotti Locali    Controllo del peso

Piramide Alimentare della Salute-ASL Napoli 2 Nord elaborata sulle indicazioni fornite dall' IQRAN - II Conferenza Internazionale del Cicam. Si riferisce ad una popolazione adulta (da 18 a 65 anni)

# Food Guide Pyramid In Italy

**SB Merriam**



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